FOUNDATION FOR A SMOKE-FREE WORLD



GLOBAL STATE OF SMOKING POLL - 2019

INDIA

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1. BACKGROUND

CONTEXT AND OBJECTIVES

Foundation for a Smoke-Free World (FSFW) aims to improve global health by ending smoking in this generation.

The areas of focus include smoking cessation and harm reduction, as supported by new technologies, therapies, alternative products, behavioral science, and other approaches.

FSFW conducted a global poll across a range of countries to gain a clear understanding of the current landscape of habits and perceptions regarding tobacco products and alternative nicotine delivery systems (ANDS) among adults across the world, in light of different cultural, socio-economic, and tobacco-regulatory backgrounds. The study was conducted in 7 countries.

Research Objectives:

- Usage of various tobacco products and compounds
- Understand smokers' experiences and challenges
- Beliefs and perceptions in terms of harmfulness and addictiveness of different products and compounds

2. METHODOLOGY

RESEARCH DESIGN (QUANTITATIVE)

Interview Method:

Computer Aided Face to Face Interviews

Sample Size:

Thirty pilot interviews were conducted prior finalizing the questionnaires n: 41673 interviews

Target Group:

- Gender: Men/Women
- Age: 18 69 years
- Current users of tobacco products and quitters who quit tobacco in last 5 years

Fieldwork Duration:

17th June, 2019 to 27th September, 2019

3. KEY FINDINGS

SUMMARY

Current usage landscape of tobacco products

- Current users of tobacco products were classified into four groups
 - Exclusive combustible tobacco smokers excluding bidis(39%); the majority were exclusive cigarette smokers (38%)
 - o Exclusive bidi smokers (7%)
 - Exclusive smokeless tobacco users (30%); these users mainly consumed gutka (22%) and loose-leaf chewing tobacco (8%)
 - Dual/poly product users (22%); product use included cigarettes (17%), bidis (14%) and gutka (11%).
 - Heat-not-burn products and e-cigarette use were seldom reported (~0%). Awareness of heat-not-burn products and e-cigarettes was minimal.
- 31% of exclusive bidi smokers claimed they started smoking before the legal smoking age of 18 years. Underage smoking was also quite prevalent (21%) among exclusive cigarettes smokers.
- 19% of current cigarette smokers are moderately or highly dependent on nicotine.



Beliefs and Perception Among Current Users of Tobacco products

- The majority (75%- 86%) of all four current user groups believed smoking is harmful to their health.
- All four current user groups rated both cigarettes (71%-76%) and nicotine (52%-64%) as harmful to their health.
- The majority of all four current user groups believed *nicotine* is harmful (63%-73%) and that it is the primary cause of tobacco-related cancer (65%-73%).

SUMMARY

Quitting and Quitters

- The proportion of current users in the 18-38 years age group was higher among men than women. The proportion of female quitters in the 51-69 years age group was higher than male quitters.
- Among women, more current users than quitters believed that tobacco consumption was a risk factor for melanoma and low birthweight.
- Half of current users claimed they attempted to quit tobacco and 40% of current users claimed they were planning to quit.
- The harmful health effects of tobacco was the main reason selected for quitting or attempting to quit.
 Nicotine replacement medications followed by support from third-party were the most reported means of quitting.
- 47% of current tobacco users claimed that a price increase would impact their consumption behavior; the majority of them (70%) would reduce consumption if prices increased.
- Apart from enjoying tobacco products (58%), difficulty in quitting (52%) was reported as one of the main obstacles to quitting.
- The number of quit attempts were higher among men than women irrespective of the product consumed.

4. DETAILED FINDINGS

Achieved Sample: Quantitative Module

Sample by Demographics				
	n	%		
All	41673	100		
Men	35513	85		
Women	6158	15		
Others	2	0		
18-24yrs	8474	20		
25-35yrs	14954	36		
36-50 yrs	11483	28		
51-69 yrs	6762	16		
Large Cities	18873	45		
Small & Medium Cities	12999	31		
Rural	9801	24		
Current users of tobacco and other products	35526	85		
Quitters (who quit tobacco in last 5 years)	6147	15		

Inclusive of 1000 booster interviews among the females who are current users of tobacco products/ other products.

Achieved Sample: Quantitative Module

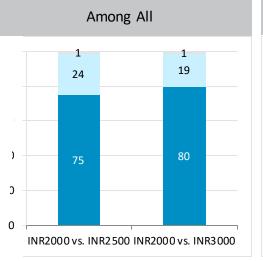
Sample by Demographics			
	n	%	
All	41673	100	
Central Region	8245	20	
Eastern Region	8311	20	
Northern Region	8681	20	
Southern Region	8146	20	
Western Region	8290	20	

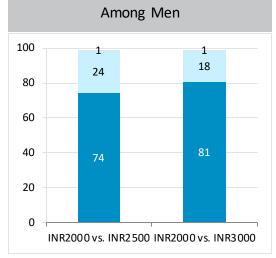
Inclusive of 1000 booster interviews among the females who are current users of tobacco products/ other products.

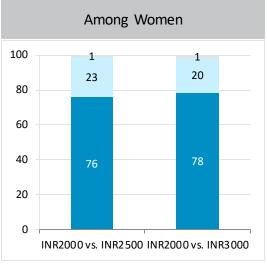
Smaller-sooner reward vs. Larger- delayed reward

Respondents opted for smaller-sooner rewards in case of both a one-month & six-month waiting period.









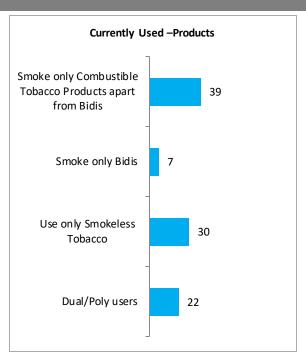
■ Smaller-sooner reward ■ Larger-delayed reward ■ Prefer not to answer

All n: 41673 Men n: 35513 Womenn: 6158

4.1 Usage details of various Tobacco products

Current usage of products

C1. Of the following products, which products are you currently consuming?

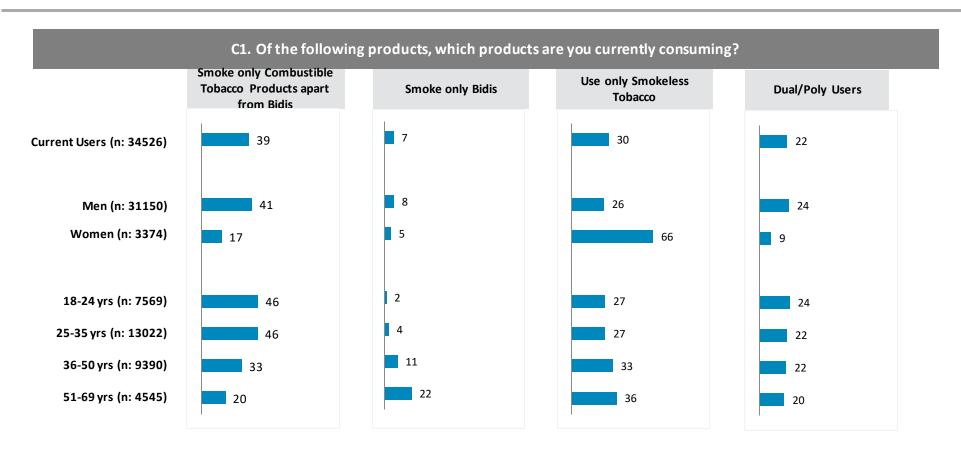


Figures are in %
Base: Random Sample, Users: n=34526

Q. C1. Of the following Tobacco products, which products are you currently consuming? (Select all that apply)

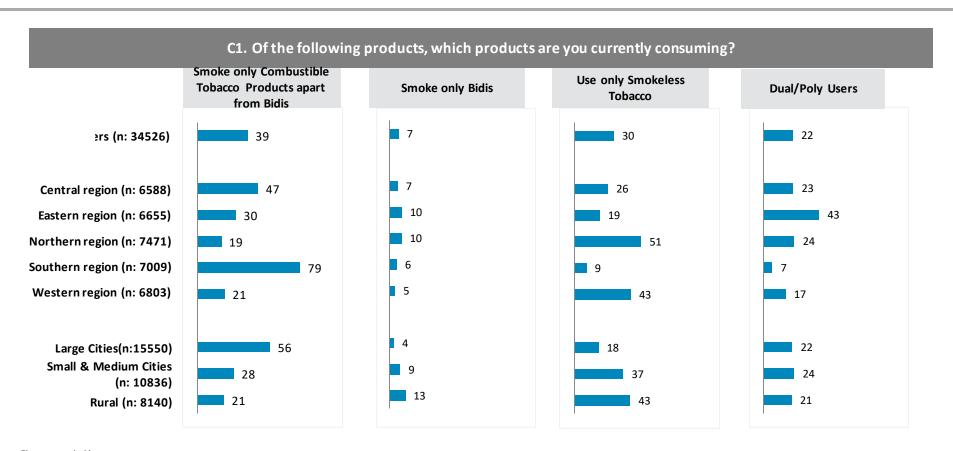
Smokeless to bacco products: Chewing to bacco, smokeless to bacco, s nus etc. Dual/Poly Users: Use more than one products currently

Current usage of products by demographic groups (1/2)



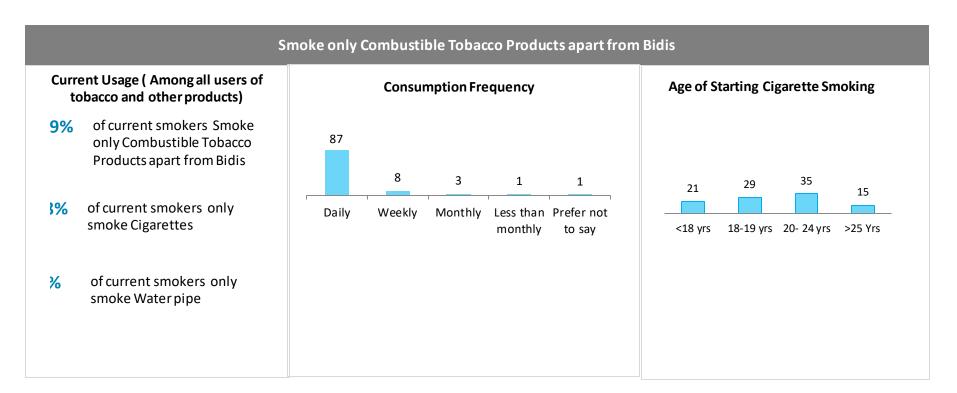
Figures are in %
Base: Random Sample, Current Users Q. C1. Of the following Tobacco products, which products are you currently consuming? (Select all that apply)

Current usage of products by demographic groups (2/2)



Figures are in %
Base: Random Sample, Current Users Q. C1. Of the following Tobacco products, which products are you currently consuming? (Select all that apply)

Smoke only Combustible Tobacco Products apart from Bidis (1/3)



Figures are in %

 ${\bf Base: Random\ Sample, Smoke\ only\ Combustible\ Tobacco\ Products\ apart\ from\ Bidis}$

: n= 13454

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'? C6. How old were you when you first started smoking/consuming tobacco regularly?

Smoke only Combustible Tobacco Products apart from Bidis (2/3)

	Smoke only Combustible Tobacco Products apart from Bidis				
Profile	% of Smokers	Average Age of starting smoking	% of daily smokers (Among the current users of Cig.)	Average monthly spend on Combustible Tobacco products apart from Bidis (INR)	
All Current users of tobacco/other products	39	20	87	1156	
Men (n: 31150)	41	20	87	1169	
Women (n: 3374)	17	22	68	853	
18-24 yrs (n: 7569)	46	18	85	1002	
25-35 yrs (n: 13022)	46	20	86	1196	
36-50 yrs (n: 9390)	33	22	90	1252	
51- 69 yrs (n: 4545)	20	23	88	1160	

Figures are in %

Base: Random Sample, Sample, Smoke only Combustible Tobacco Products apart from Bidis

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends

C6. How old were you when you first started smoking/consuming tobacco regularly?

Smoke only Combustible Tobacco Products apart from Bidis (3/3)

Smoke only Combustible Tobacco Products apart from Bidis				
Profile	% of Smokers	Average Age of starting smoking	% of daily smokers (Among the current users of Cig.)	Average monthly spend on Combustible Tobacco products apart from Bidis (INR)
All Current users of tobacco/other products	39	20	87	1156
Central region (n: 6588)	47	19	78	1549
Eastern region (n: 6655)	30	20	92	897
Northern region (n: 7471)	19	22	72	1005
Southern region (n: 7009)	79	21	90	1118
Western region (n: 6803)	21	20	98	967
Large Cities (n:15550)	56	21	87	1158
Medium and Small Cities (n:10836)	28	20	86	1307
Rural (n: 8140)	21	21	84	875

Figures are in %

Base: Random Sample, Sample, Smoke only Combustible Tobacco Products apart from Bidis

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends

C6. How old were you when you first started smoking/consuming tobacco regularly?

----- ----, ----- ,-, -

Smoke only Bidis Current Usage (Among all users of Age of Starting Cigarette Smoking **Consumption Frequency** tobacco and other products) of current smokers only 97 smoke Bidis 0 0 0 31 29 25 16 Weekly Monthly Less than Prefer not Daily 18-19 yrs 20- 24 yrs >25 Yrs <18 yrs monthly to say

Figures are in %

Base: Random Sample, Smoke only Bidis n;2570

C1. Of the following Tobacco products, which products are you currently consuming?

C7. Currently you are using multiple tobacco products; which one do you consume the most?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'? C6. How old were you when you first started smoking/consuming tobacco regularly?

Usage at a glance: Smoke only Bidis (2/3)

Smoke only Bidis					
Profile	% of Cig. Smokers	Average Age of starting Bidi smoking	% of daily smokers (Among the current users of Cig.)	Average monthly spend on Bidi (INR)	
All Current users of tobacco/other products	7	21	97	419	
Men (n: 31150)	8	21	97	426	
Women (n: 3374)	5	29	86	336	
18-24 yrs (n: 7569)	2	17	96	364	
25-35 yrs (n: 13022)	4	19	93	421	
36-50 yrs (n: 9390)	11	21	97	429	
51- 69 yrs (n: 4545)	22	23	98	417	

Figures are in % Base : Random Sample,

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends C6. How old were you when you first started smoking/consuming tobacco regularly?

C6. How old were you when you first started smoking/consuming tobacco regularly?

Usage at a glance: Smoke only Bidis (3/3)

Smoke only Bidis					
Profile	% of Cig. Smokers	Average Age of starting Bidi smoking	% of daily smokers (Among the current users of Cig.)	Average monthly spend on Bidi (INR)	
All Current users of tobacco/other products	7	21	97	419	
Central region (n: 6588)	7	20	93	608	
Eastern region (n: 6655)	10	19	97	278	
Northern region (n: 7471)	10	23	95	383	
Southern region (n: 7009)	6	20	100	505	
Western region (n: 6803)	5	26	100	418	
Large Cities (n:15550)	4	22	94	393	
Medium and Small Cities (n:10836)	9	21	97	385	
Rural (n: 8140)	13	22	98	467	

Figures are in % Base: Random Sample,

C1. Of the following Tobacco products, which products are you currently consuming?

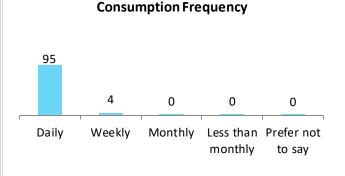
C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends C6. How old were you when you first started smoking/consuming tobacco regularly?



Current Usage (Among all users of tobacco and other products)

- of current smokers smoke Cigarettes
- 1% of current users use only Gutka
- of current users use only Loose Leaf Chewing Tobacco
- of current users use only snus





Age of Starting Smokeless Tobacco



Figures are in %

Base: Random Sample, Use Smokeless Tobacco Products n;10394

C1. Of the following Tobacco products, which products are you currently consuming?

C7. Currently you are using multiple tobacco products; which one do you consume the most?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

Use only Smokeless Tobacco Products (2/3)

Smokeless Tobacco				
Profile	% of Users	Average Age of starting Smokeless Tobacco Products	% of daily users (Among the current solus users of Smokeless tobacco Products.)	Average monthly spend On Smokeless Tobacco Products (INR)
All Current users of tobacco/other products	30	23	95	606
Men (n: 31150)	26	22	96	673
Women (n: 3374)	66	28	90	360
18-24 yrs (n: 7569)	27	18	96	702
25-35 yrs (n: 13022)	27	21	95	697
36-50 yrs (n: 9390)	33	25	95	549
51- 69 yrs (n: 4545)	36	31	94	401

Figures are in %

Base: Random Sample, Use Smokeless Tobacco Products

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends

C6. How old were you when you first started smoking/consuming tobacco regularly?

Use only Smokeless Tobacco Products (3/3)

Smokeless Tobacco				
Profile	% of Users	Average Age of starting Smokeless Tobacco Products	% of daily users (Among the current solus users of Smokeless tobacco Products.)	Average monthly spend On Smokeless Tobacco Products (INR)
All Current users of tobacco/other products	30	23	95	606
Central region (n: 6588)	26	22	89	637
Eastern region (n: 6655)	19	26	94	410
Northern region (n: 7471)	51	21	97	745
Southern region (n: 7009)	9	32	79	259
Western region (n: 6803)	43	24	99	571
Large Cities (n:15550)	18	23	92	659
Medium and Small Cities (n:10836)	37	24	96	598
Rural (n: 8140)	43	23	97	572

Figures are in %

Base: Random Sample, Use Smokeless Tobacco Products

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends

Dual/Poly Users

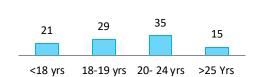
Current Usage (Among all users of tobacco and other products)

- of current users use 22% multiple products
 - of current users are 7% smoking Cigarettes along with other products
 - 4% of current users are using Gutka along with other products
 - 1% of current users are smoking Bidis along with other products



Consumption Frequency of the most frequently





Base: Random Sample, Dual/Poly Uses n;34526

C1. Of the following Tobacco products, which products are you currently consuming?

C7. Currently you are using multiple tobacco products; which one do you consume the most?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

Usage at a glance: Dual /Poly users (2/3)

Dual/Poly Users					
Profile	% of dual/poly users	Average Age of starting smoking/using the first product	% of daily users	Average monthly spend on products (INR)	
All Current users of tobacco/other products	22	20	97	1156	
Men (n: 31150)	24	20	97	1169	
Women (n: 3374)	9	22	86	853	
18-24 yrs (n: 7569)	24	18	96	1002	
25-35 yrs (n: 13022)	22	20	93	1196	
36-50 yrs (n: 9390)	22	22	97	1252	
51- 69 yrs (n: 4545)	20	23	98	1160	

Figures are in %

Base: Random Sample, Dual/Poly Uses

C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends

C6. How old were you when you first started smoking/consuming tobacco regularly?

Usage at a glance: Dual /Poly users (3/3)

		Dual/Poly Users		
Profile	% of dual/poly users	Average Age of starting smoking/using the first product	% of daily users	Average monthly spend on products (INR)
All Current users of tobacco/other products	22	20	97	1156
Central region (n: 6588)	23	19	93	1549
Eastern region (n: 6655)	43	20	97	897
Northern region (n: 7471)	24	22	95	1005
Southern region (n: 7009)	7	21	100	1118
Western region (n: 6803)	17	20	100	967
Large Cities (n:15550)	22	21	94	1158
Medium and Small Cities (n:10836)	24	20	97	1307
Rural (n: 8140)	21	21	98	875

Figures are in %

Base: Random Sample, Dual/Poly Uses

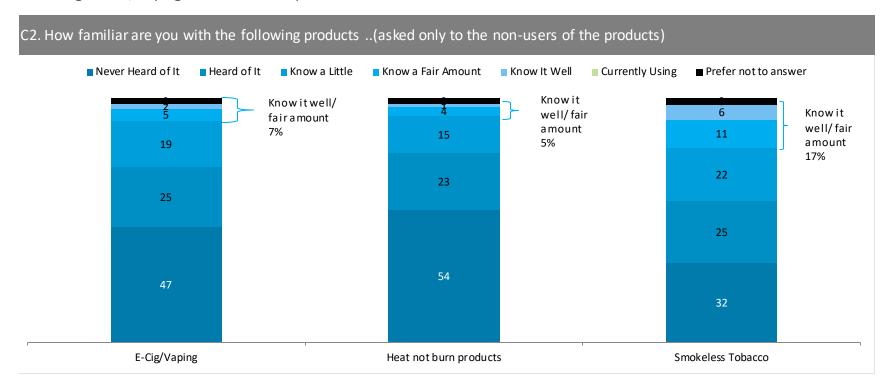
C1. Of the following Tobacco products, which products are you currently consuming?

C3. Please select the option that best describes how often you consume 'List Tobacco Product'?

C5. Approximately, how much money do you spend on 'Show Tobacco Product' in a typical week? This has been converted into monthly spends

C6. How old were you when you first started smoking/consuming tobacco regularly?

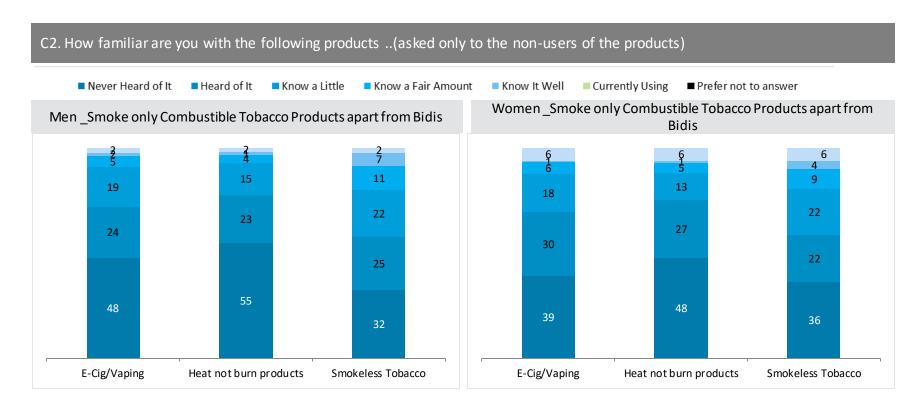
1 nly 7% current smokers of Combustible Tobacco products (apart from Bidis) claimed that they are well aware/ know fairly out E- Cigarettes/ Vaping. Heat –not-burn products have even lower awareness.



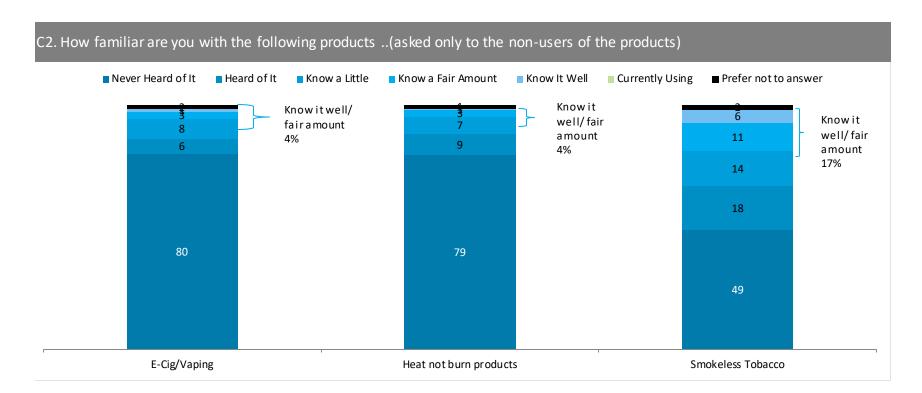
Usage and familiarity of E-Cig, Heat-not-burn and Smokeless tobacco products

Smoke only Combustible Tobacco Products apart from Bidis

Both among Men and Women smokers E-Cig and Heat-not-burn products have minimal awareness.

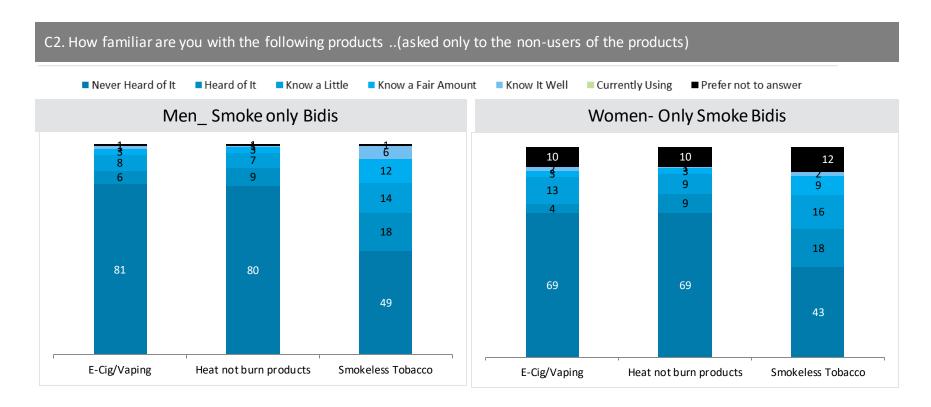


e majority of current solus Bidi smokers are unaware of E-Cig & Heat-not-burn products.



Usage and familiarity of E-Cig, Heat-not-burn and Smokeless tobacco products Smoke only Bidis

Both men and women solus Bidi smokers are largely unaware of E-Cig/Vaping and Heat-not-burn products.



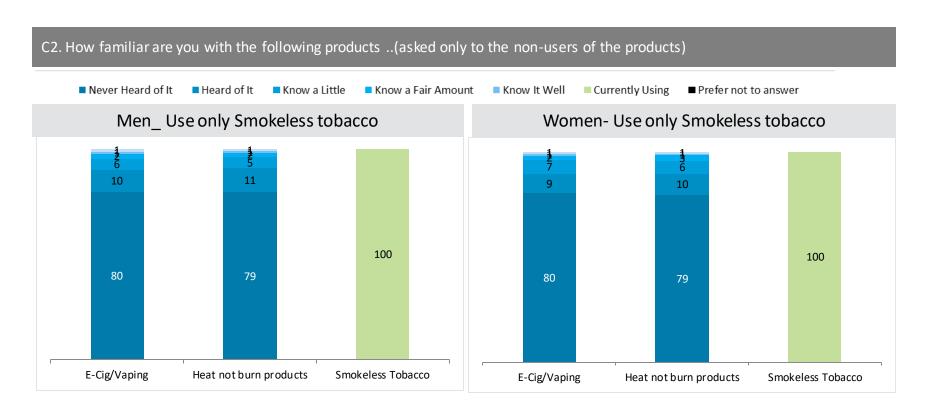
E-Cig and Heat-not-burn products have minimal awareness among current solus users of smokeless tobacco products.



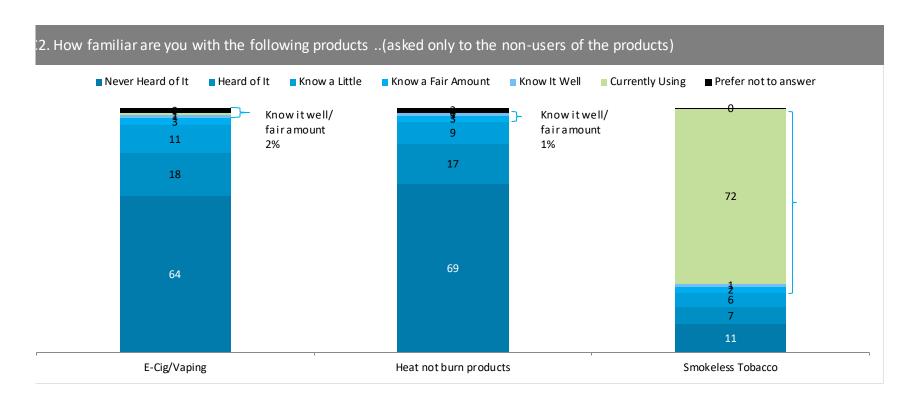
Usage and familiarity of E-Cig, Heat-not-burn and Smokeless tobacco products

Use only Smokeless tobacco

The majority of solus users of Smokeless tobacco have never heard of E-Cig and Heat-not-burn products

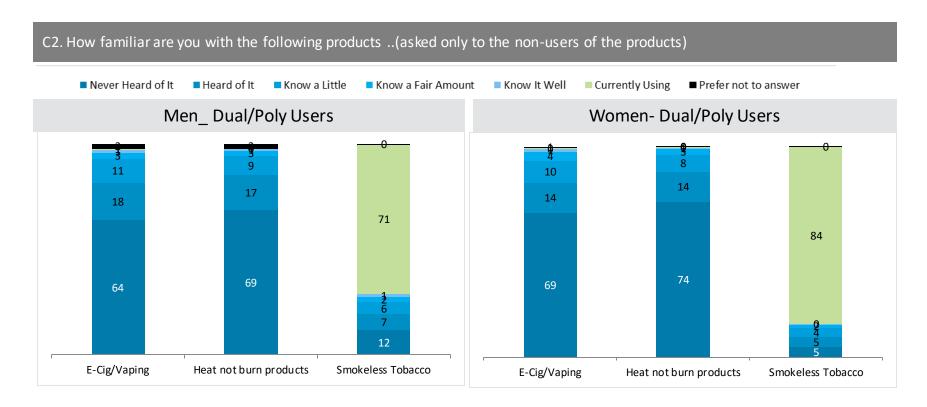


majority of current users of topaccorother products are unaware of E-cig & freat-not-burn products.



Usage and familiarity of E-Cig, Heat-not-burn and Smokeless tobacco products Dual/ Poly Users

Both among men and women dual/poly users, E-Cig and Heat-not-burn products have barely any familiarity.



Nicotine Dependence

Fagerstrom Test For Nicotine Dependence

The Fagerström Test for Nicotine Dependence is a standard instrument for assessing the intensity of physical addiction to nicotine.

The test was designed to provide an ordinal measure of nicotine dependence related to cigarette smoking. It contains six items that evaluate the quantity of cigarette consumption, the compulsion to use, and dependence.

In scoring the Fagerstrom Test for Nicotine Dependence, yes/no items are scored from 0 to 1 and multiple-choice items are scored from 0 to 3. The items are summed to yield a total score of 0-10. The higher the total Fagerström score, the more intense is the patient's physical dependence on nicotine.*

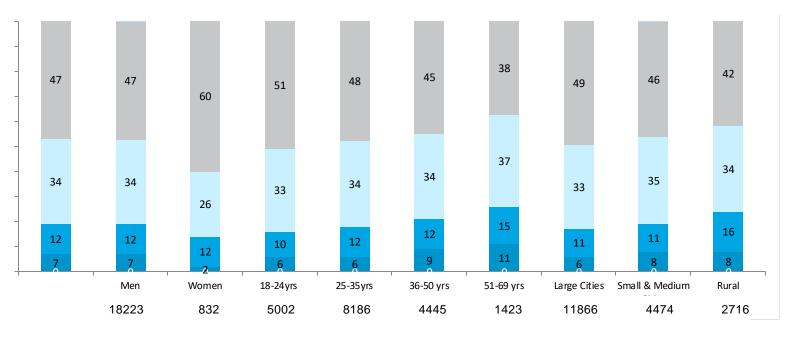
How to calculate Fagerstrom score**

PLEASE TICK (✓) ONE BOX FOR EACH QUESTION				
	Within 5 minutes		3	
How soon after waking do you smoke your first cigarette?	6-30 minutes		2	
	31-60 minutes		1	
	After 60 minutes		0	
Do you find it difficult to refrain from smoking in places	Yes		1	
where it is forbidden? e.g. Church, Library, etc.	No		0	
Which cigarette would you hate to give up?	The first in the morning		1	
	Any other		0	
How many cigarettes a day do you smoke?	10 or less		0	
	11 - 20		1	
	21 -30		2	
	31 or more		3	
Do you smoke more frequently in the morning?	Yes		1	
	No		0	
Do you smoke even if you are sick in bed most of the	Yes		1	
day?	No		0	
Total Score				

Classification of dependence:

- 0-2 Very low
- 3-4 Low
 - 5 Moderate
- 6-7 High
- 8-10 Very high

Nicotine Dependency: Cigarettes



mokers of Cigarettes 40

Indicative* Nicotine Dependency: By products

The level of nicotine dependency is low among current users of Bidis and Dual/Poly Users.

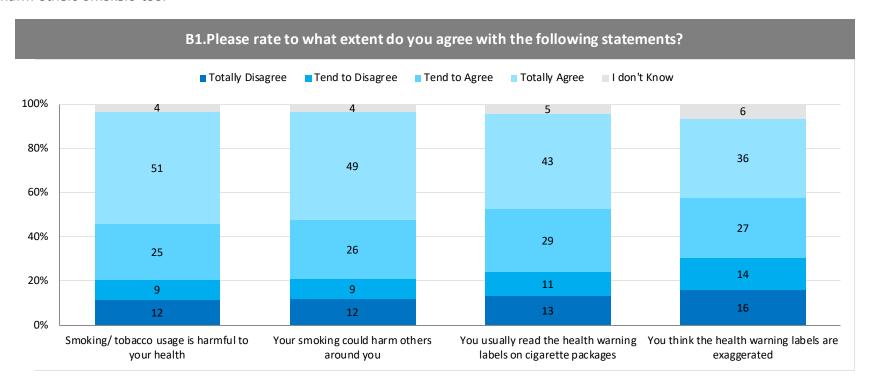
	Current us ers of		
	Cigarettes	Bidis	Dual/Poly
	%	%	%
Base : Current Users	13711	2589	6772
C.10 Howsoon after you wake up do you smoke your first cigarette/consume your first nicotine product?			
Within 5 minutes (3)	8	20	15
6-30 minutes (2)	15	23	19
31-60 minutes (1)	21	21	20
C11. Find it difficult to refrain from smoking/consuming tobacco in places where it s forbidden (1)	51	42	54
C12. Hate to give up the first one in the morning (1)	56	48	55
C14. Consume more frequently during the first hour (1)	42	46	47
C15. Consume even i fyou are ill (1)	31	35	31
Average Scores (1-7)	2.6	3.0	2.9

^{*}Fagerstrom score is for cigarette smoking only; hence without the Cig. consumption/day question, scores have been calculated to give an indication of Nicotine dependency among the users of other products. However a large number of them smoke cigarettes too.

4.2 Beliefs and Perception : Among Current Users of Tobacco Products

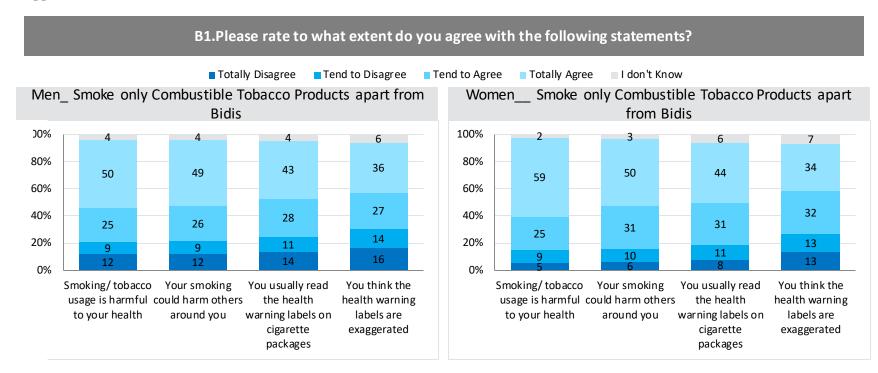
Smoke only Combustible Tobacco Products apart from Bidis

76% of the smokers of Combustible Tobacco Products agree that tobacco usage is harmful, and 75% opined that smoking could harm others smokers too.



Smoke only Combustible Tobacco Products apart from Bidis

Among both men and women, the majority of smokers of Combustible Tobacco Products believe health warning labels are exaggerated.



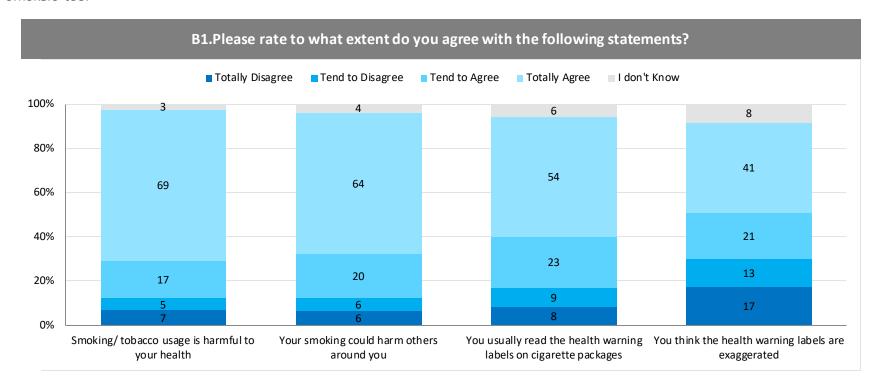
igures are in %

 ${\tt Base: Random + Booster Sample, Current\ smokers\ of\ combustible\ Tobacco\ Products\ (apart\ from\ Bidis)}$

/len: n=12889 Women: n=822

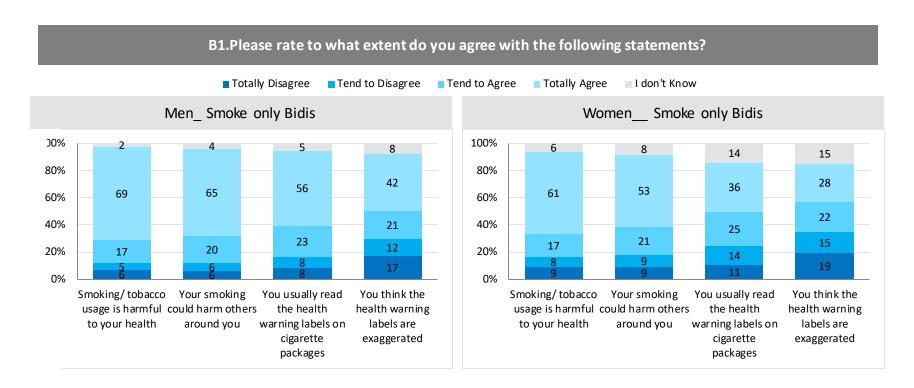
Smoke only Bidis

86% of the Solus smokers of Bidis agree that tobacco is harmful, and 84% of them think smoking could harm others around the smokers too.



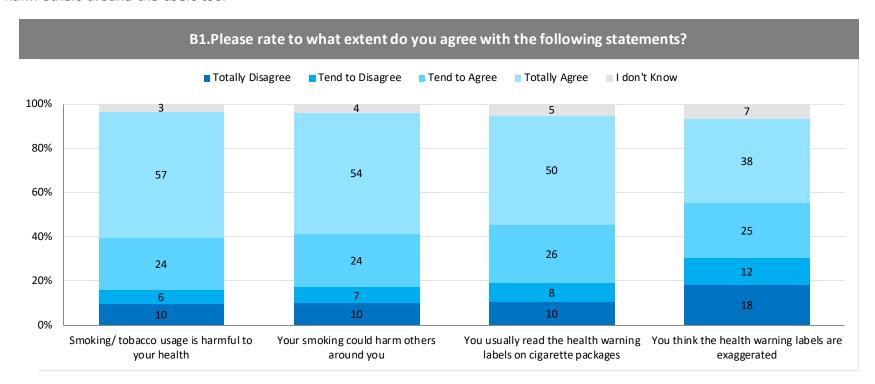
Smoke only Bidis

Among both men and women, the majority of solus smokes of Bidis believe that smoking is harmful.



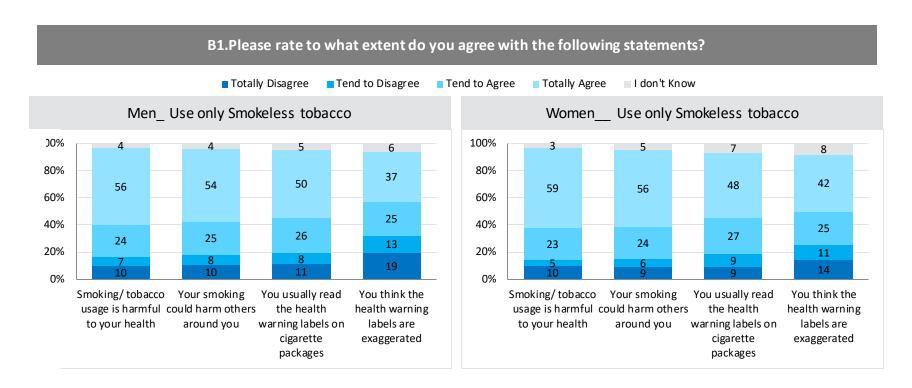
Use only Smokeless Tobacco Products

81% of the solus users of Smokeless Tobacco Products agree that tobacco is harmful, and 78% of them think tobacco usage could harm others around the users too.



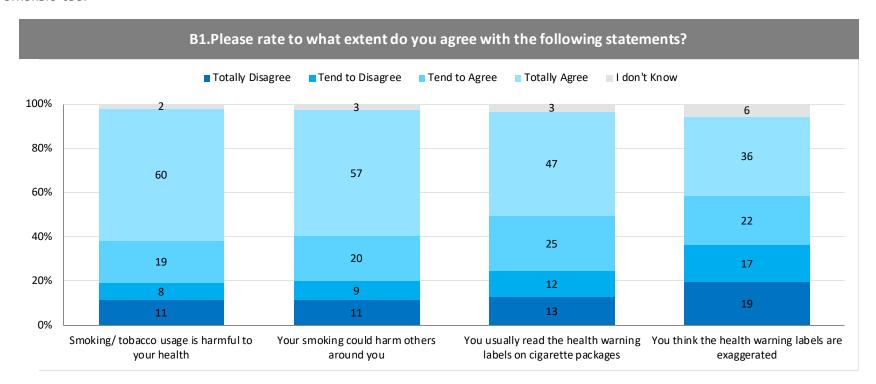
Use only Smokeless Tobacco Products

Among both men and women, the majority of solus users of Smokeless Tobacco Products agree that tobacco usage is harmful.



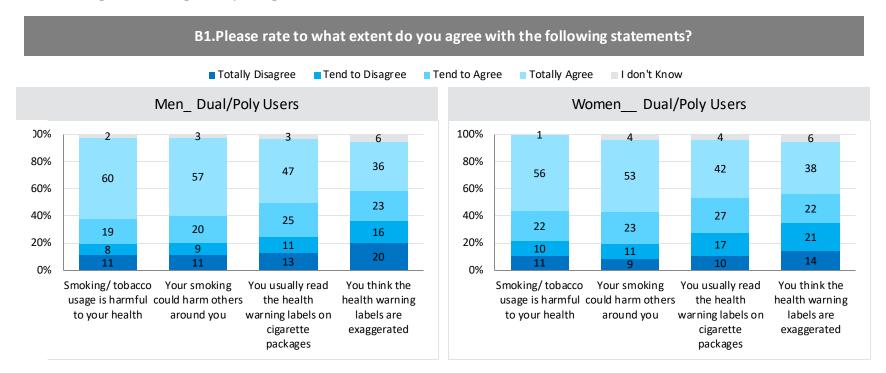
Beliefs and perceptions about smoking-Current users of Tobacco Products Dual / Poly users

79% of the Dual/Poly users agree that tobacco usage is harmful, and 77% of them think smoking could harm others around the smokers too.



Dual / Poly users

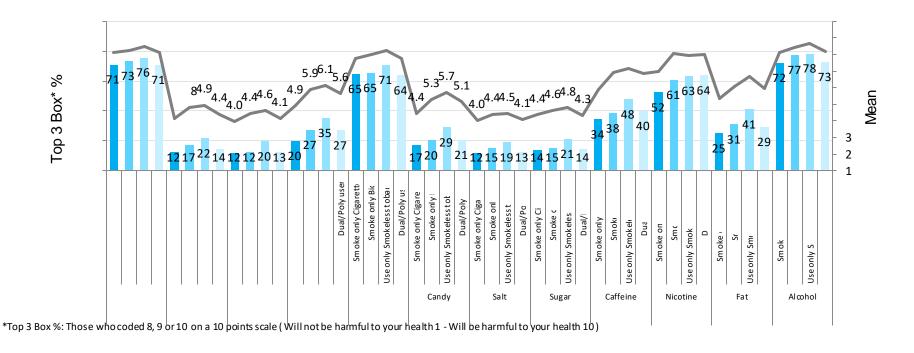
Among both men and women, the majority of users of tobacco products/ other products claimed that they usually read the health warning labels on cigarette packages.



Risk perception comparison among various products

Current users of Tobacco Products consider Alcohol, Nicotine and Cigarettes to be the more harmful products than others.

B3. On a scale from 1 to 10, to what extent do you think a moderate daily use of the following products or substances can harm your health?

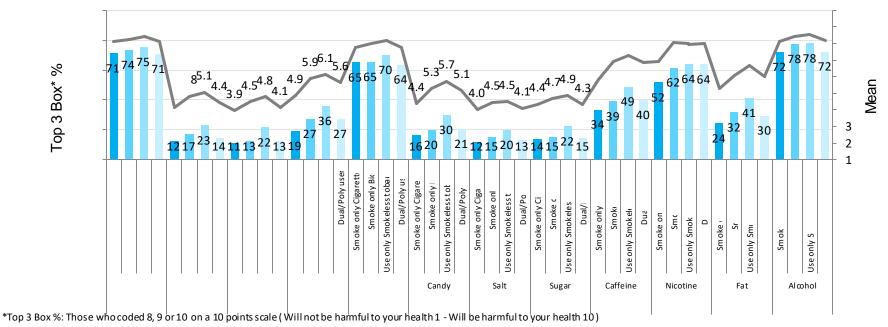


51

Risk perception comparison among various products

Cigarettes rated as more harmful than Nicotine among Men current users of Tobacco Products.

B3. On a scale from 1 to 10, to what extent do you think a moderate daily use of the following products or substances can harm your health?



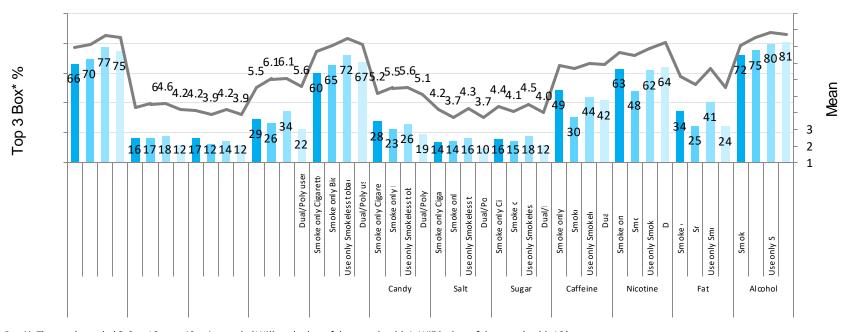
ıal/Poly: n=7384

52

Risk perception comparison among various products

Cigarettes rated more harmful than Nicotine among Women current users of Tobacco Products too.

B3. On a scale from 1 to 10, to what extent do you think a moderate daily use of the following products or substances can harm your health?

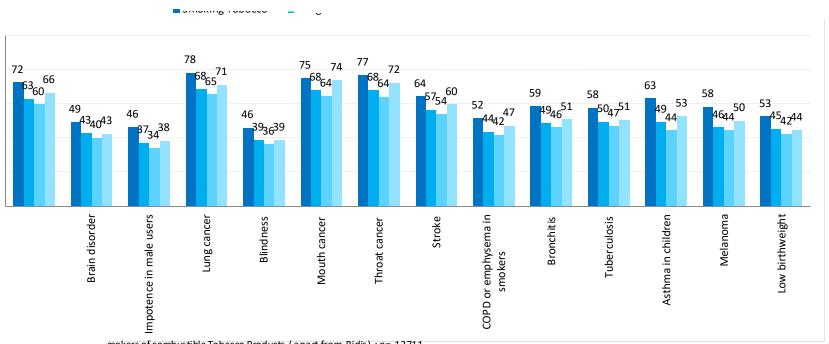


^{*}Top 3 Box %: Those who coded 8, 9 or 10 on a 10 points scale (Will not be harmful to your health 1- Will be harmful to your health 10)

53

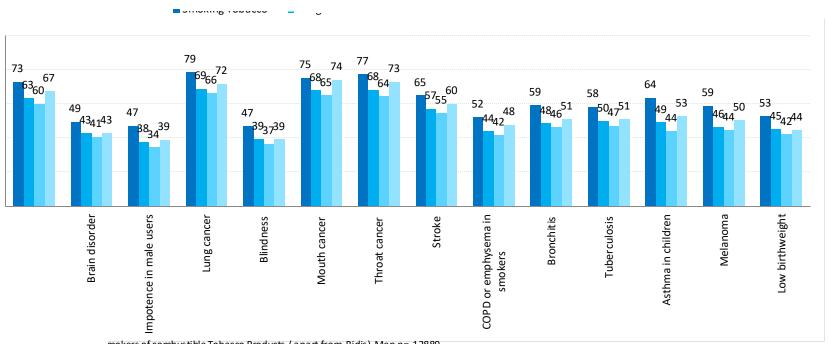
Smoke only Combustible Tobacco Products apart from Bidis

E-Cig/Vapes and Heat-not-burn products have the lower risk perception of causing diseases among solus smokers of Combustible Tobacco Products.



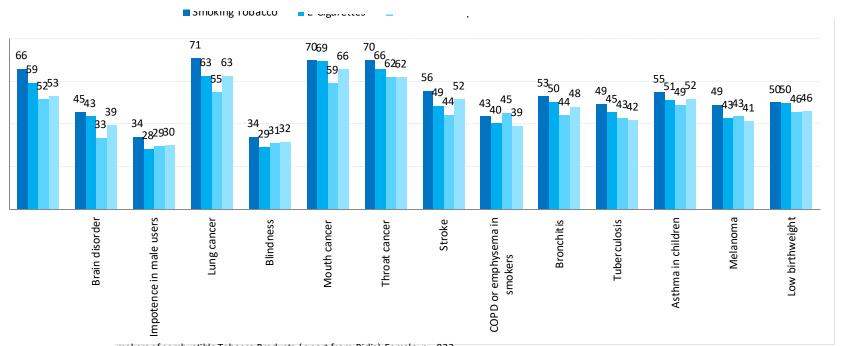
Smoke only Combustible Tobacco Products apart from Bidis

E-Cig/Vapes and Heat-not-burn products have the lower risk perception of causing diseases among Men solus smokers of Combustible Tobacco Products.



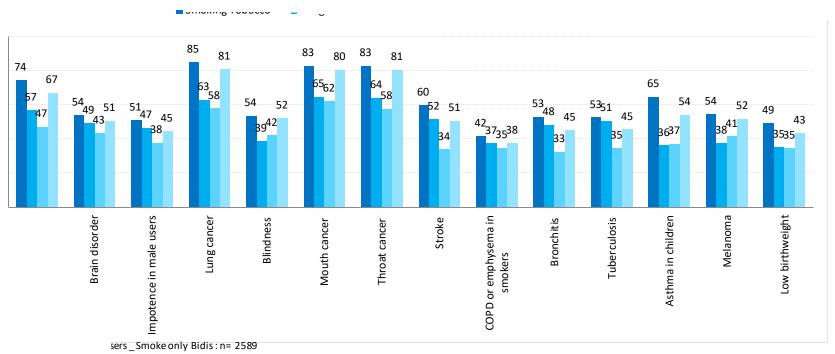
Smoke only Combustible Tobacco Products apart from Bidis

E-Cig/Vapes and Heat-not-burn products have the lower risk perception of causing diseases among Women solus smokers of Combustible Tobacco Products too.



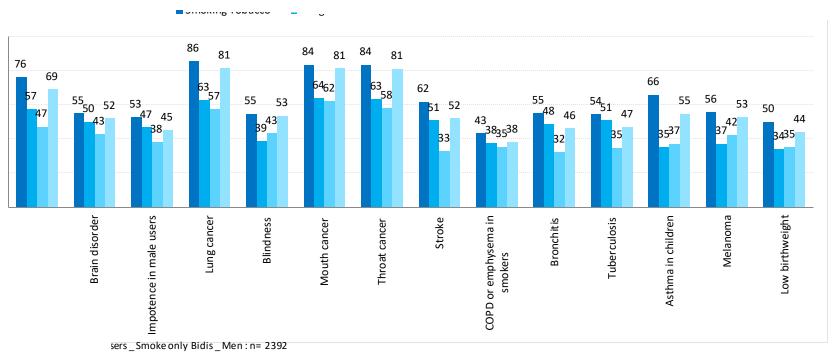
Smoke only Bidis

Heat-not-burn products have the lowest risk perception of causing diseases among solus smokers of Bidis.



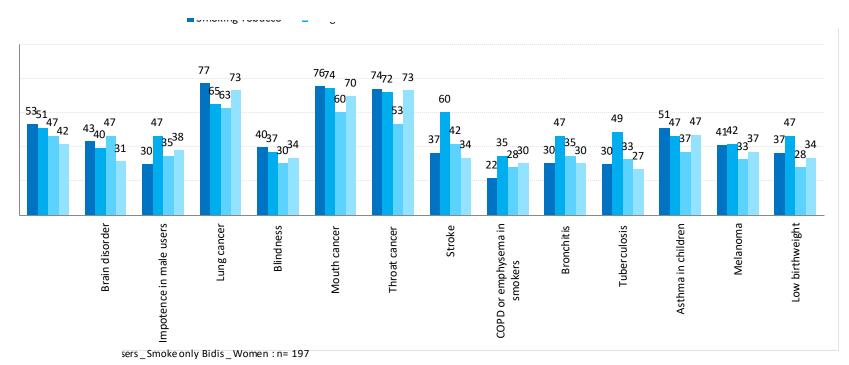
Smoke only Bidis

Heat-not-burn products have the lowest risk perception of causing diseases among men solus smokers of Bidis.



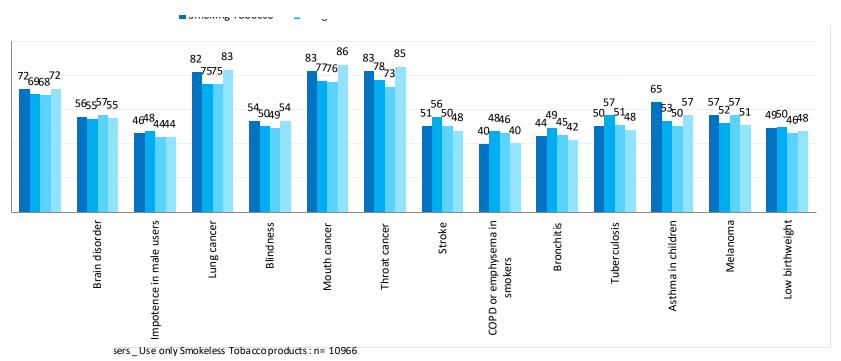
Smoke only Bidis

Heat-not-burn products have the lowest risk perception of causing diseases among women solus smokers of Bidis.



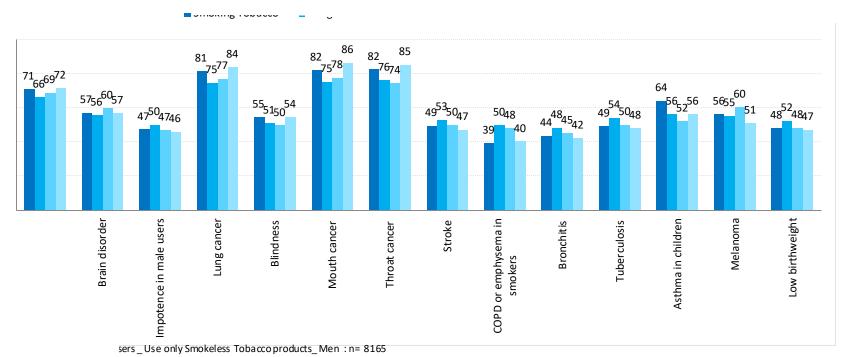
Use only Smokeless Tobacco Products

Solus users of Smokeless Tobacco Products are opining that their products have similar risk perception like smoking tobacco.



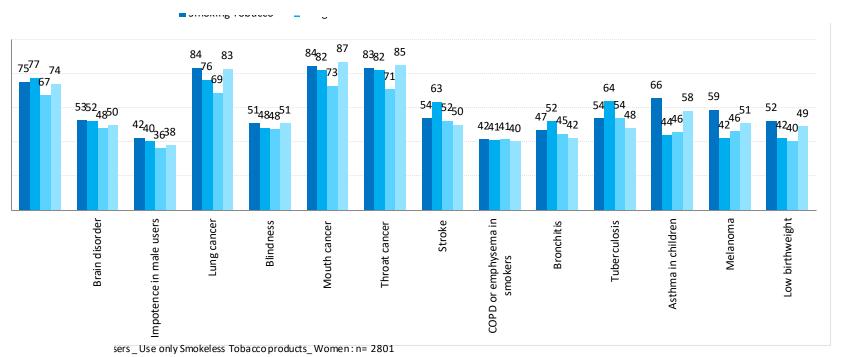
Use only Smokeless Tobacco Products

Men solus users of Smokeless Tobacco Products are opining that their products have similar risk perception like smoking tobacco.



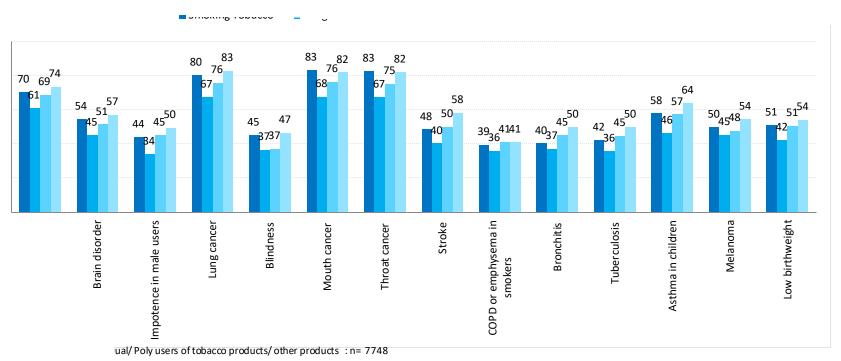
Use only Smokeless Tobacco Products

Same scenario among Women solus users of Smokeless Tobacco products too.



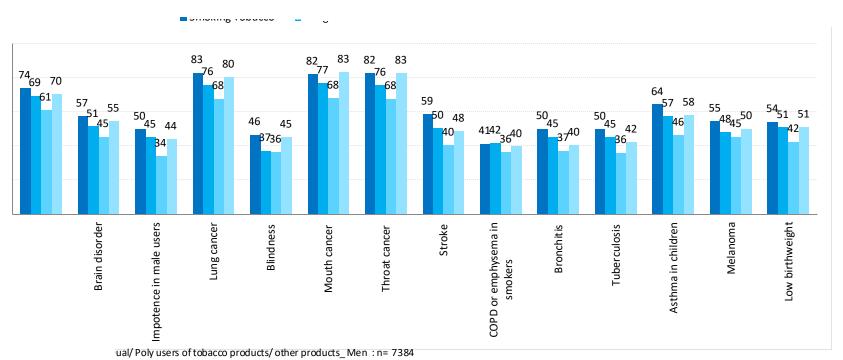
Dual/Poly Users

E-Cigarettes/ Vapes and Heat-not-burn have the lower risk perception of causing diseases among Dual/Poly users.



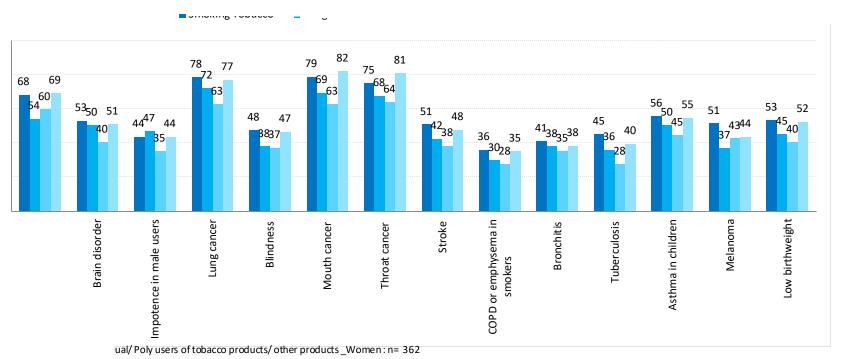
Dual/Poly Users

Smoking Tobacco and Smokeless Tobacco have the higher risk perception of causing diseases among men Dual/Poly users.



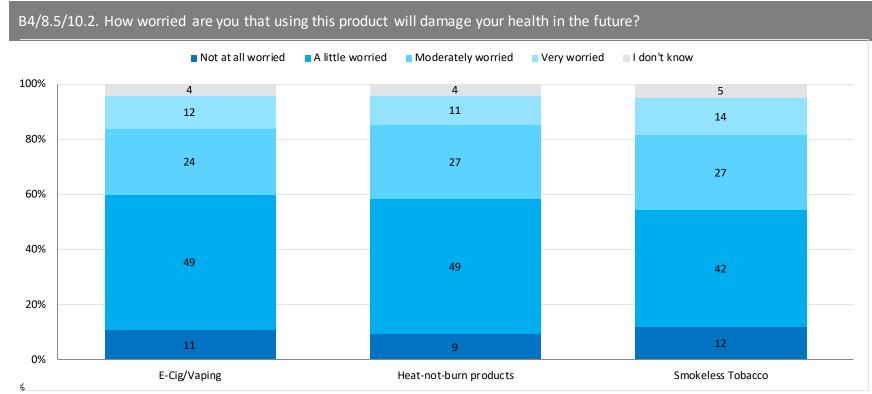
Dual/Poly Users

E-Cigarettes/ Vapes and Heat-not-burn have the lower risk perception of causing diseases among women Dual/Poly users.



Smoke only Combustible Tobacco Products apart from Bidis

61% of the Solus smokers of Combustible Tobacco Products (apart from Bidis) who are aware of E-Cig/Vaping are not worried/very little worried about the damage E-Cig/Vaping will cause to their health.

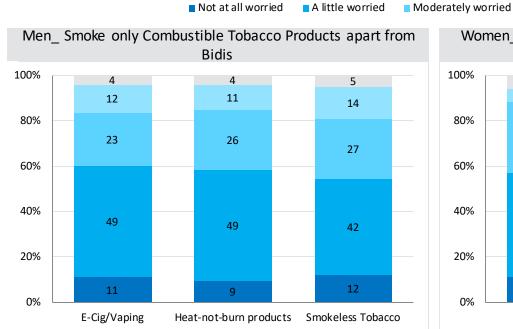


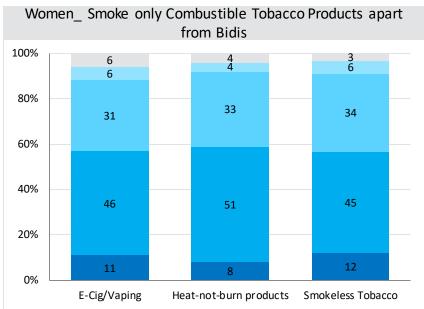
ı+BoosterSample, Current smokers of combustible Tobacco Products (apart from Bidis) and aware of respective products 02; Heat-not-bum products n: 5941 Smokeless tobaccon: 8905

Smoke only Combustible Tobacco Products apart from Bidis

Among both men and women, around 60% Solus smokers of Combustible Tobacco Product (apart from Bidis) are not worried/very little worried about the damage Heat-not-burn products will cause to their health.







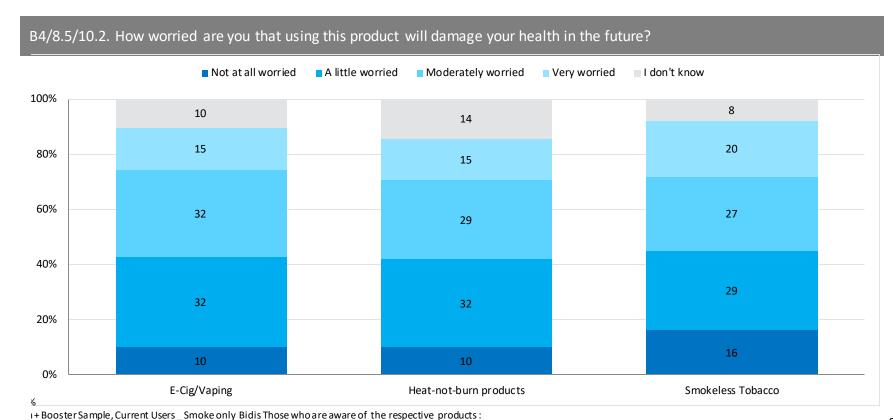
I don't know

Verv worried

igures are in %

Smoke only Bidis

47% Solus smokers of Bidis who are aware of E-Cig/Vape are moderately/very worried about the damage E-Cig/vape will cause to their health.

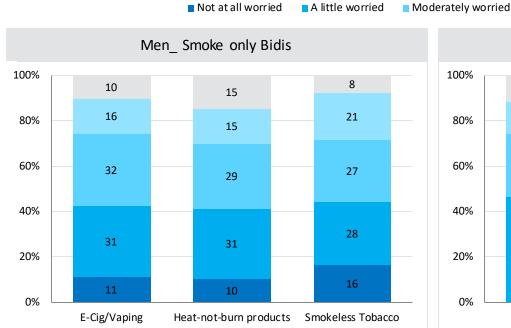


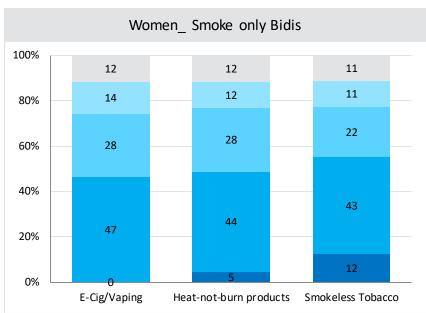
[;] Heat-not-burn products n: 495; Smokeless tobacco n: 1278

Smoke only Bidis

44% Men solus smokers of Bidis who are aware of Heat-not-burn products are moderately/very worried about the damage these will cause to their health.

B4/8.5/10.2. How worried are you that using this product will damage your health in the future?





I don't know

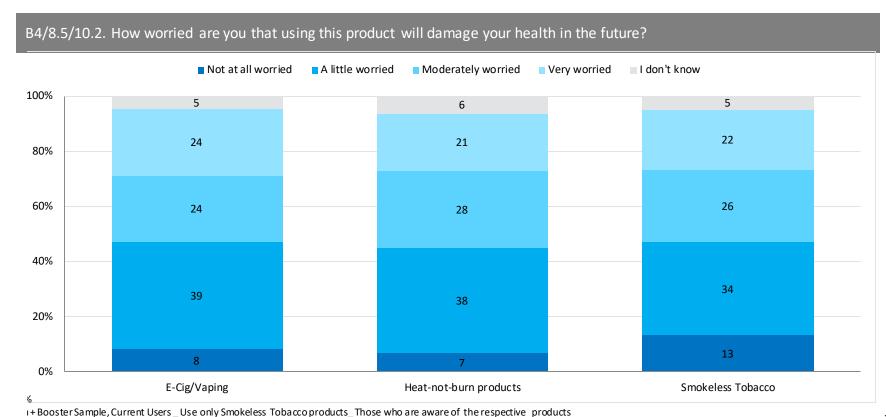
Verv worried

igures are in %

Base: Random + Booster Sample, Current Users Smoke only Bidis Those who are aware of the respective products:

Use only Smokeless Tobacco

47% of the Solus user of Smokeless Tobacco Products who are aware of E-Cig/Vaping are not worried/very little worried about the damage E-Cig/Vaping will cause to their health.

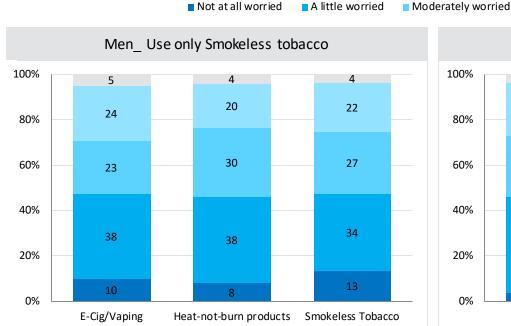


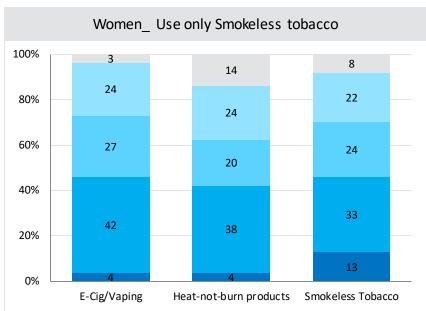
⁵⁸ Heat-not-burn products n: 2137; Smokeless tobacco n: 10966

Use only Smokeless Tobacco

46% of the Men Solus users of Smokeless Tobacco Products who are aware of Heat-not-burn products are not worried/very little worried about the damage Heat-not-burn products will cause to their health.

B4/8.5/10.2. How worried are you that using this product will damage your health in the future?





I don't know

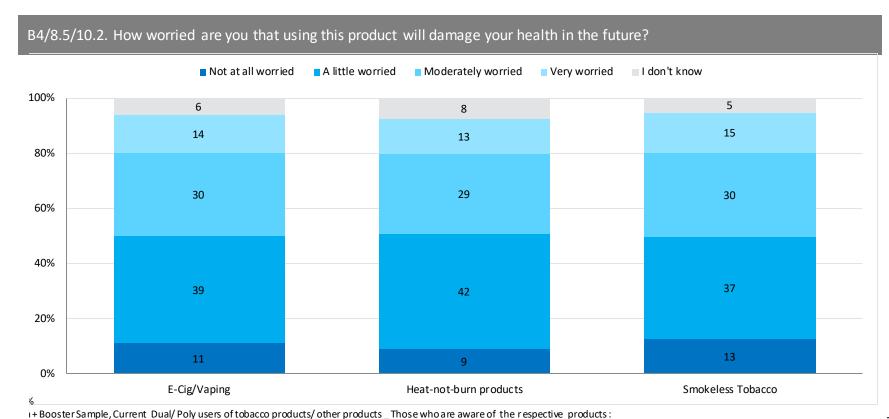
Very worried

igures are in %

Base: Random + Booster Sample, Current Users _ Use only Smokeless Tobacco products _ Those who are aware of the respective products: — Cig Men: n=1553 Women: n=515; Heat-not-burn products Men: n=1594 Women: n=543; Smokeless tobacco Men: n=8165; Women: n=2801

Dual/Poly Users

51% the Dual/Poly users who are aware of Heat-not-burn products are not worried/very little worried about the damage these products will cause to their health.



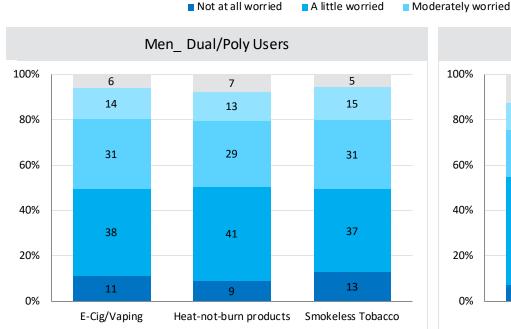
^{6;} Heat-not-burn products n: 2263; Smokeless tobacco n: 6854

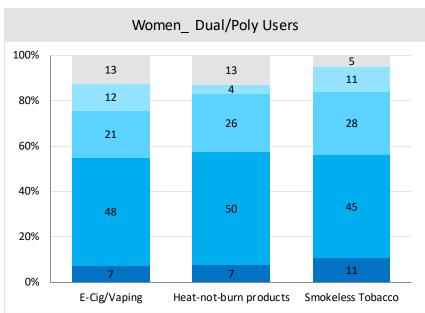
Beliefs and perceptions comparison among E-Cig, HNB and Smokeless tobacco

Dual/Poly Users

57% the Women Dual/Poly users who are aware of Heat-not-burn products are not worried/very little worried about the damage these products will cause to their health.

B4/8.5/10.2. How worried are you that using this product will damage your health in the future?





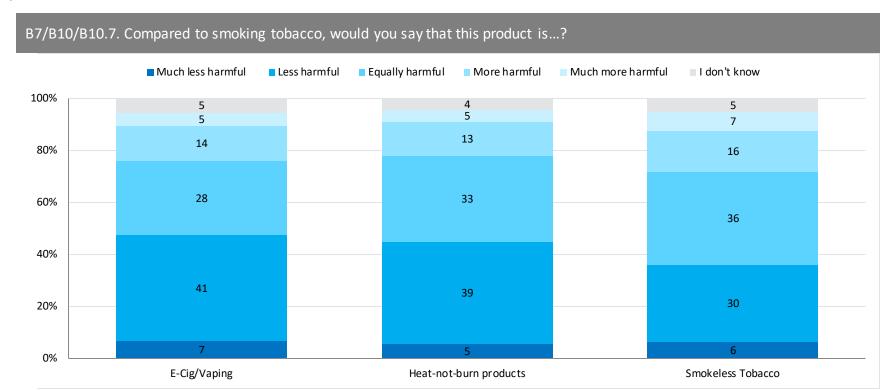
I don't know

Very worried

igures are in %

Smoke only Combustible Tobacco Products apart from Bidis

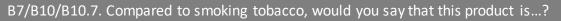
44% of Solus smokers of Combustible Tobacco Products (apart from Bidis) who are aware of Heat-not-burn products consider those as less harmful than smoking tobacco products and 33% of them consider those as equally harmful as smoking tobacco products.

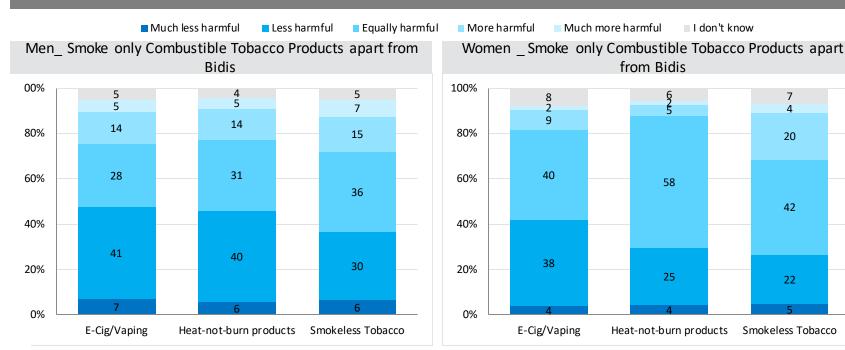


Booster Sample, Current users _ Smoke only Combustible Tobacco Products a part from Bidis_Those who are aware of the respective products: Heat-not-burn products n: 5941; Smokeless tobacco n: 8905

Smoke only Combustible Tobacco Products apart from Bidis

However, among women solus smokers of Combustible Tobacco Products 58% consider Heat-not-burn as equally harmful as smoking tobacco products.

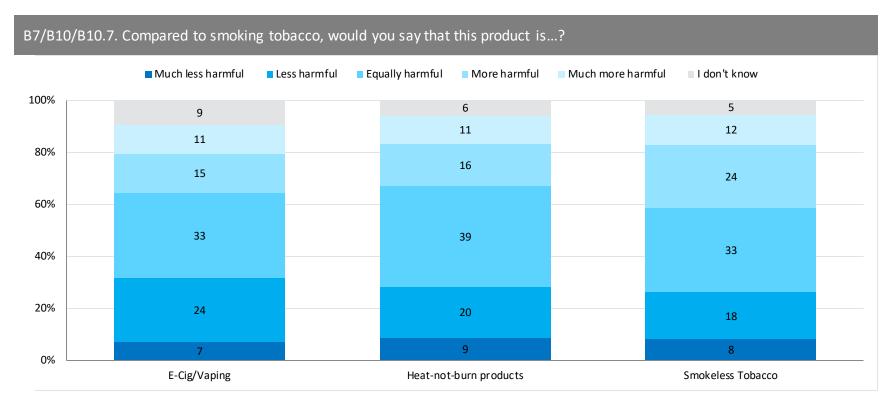




igures are in % ase: Random + Booster Sample, Current users _ Smoke only Combustible Tobacco Products apart from Bidis _ Those who are aware of the respective products _ Cig Men: n=6453; Women: n=449; Heat-not-burn products Men: n=5561; Women: n=380; Smokeless tobacco Men: n=8434; Women: n=471

Smoke only Bidis

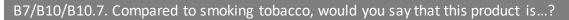
39% of solus Bidi smokers who are aware of Heat-not-burn products consider those as equally harmful as smoking tobacco products and 29% of them consider those as less harmful than smoking tobacco products.

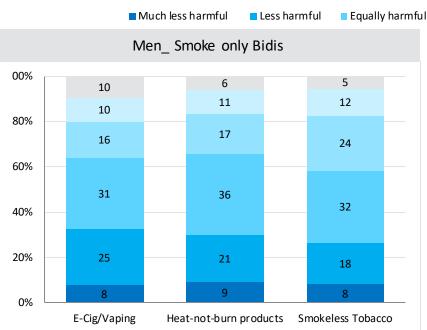


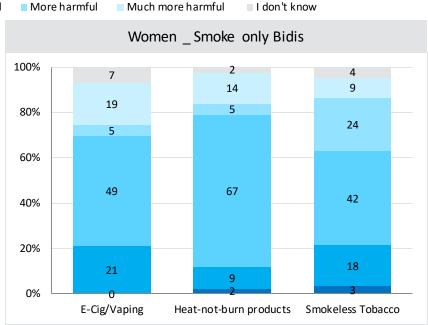
Booster Sample, Current Users _ Smoke only Bidis Those who are aware of the respective products: leat-not-burn products n:495; Smokeless tobacco n:1278

Smoke only Bidis

67% of Women solus Bidi smokers who are aware of Heat-not-burn products consider those as equally harmful as smoking tobacco products.







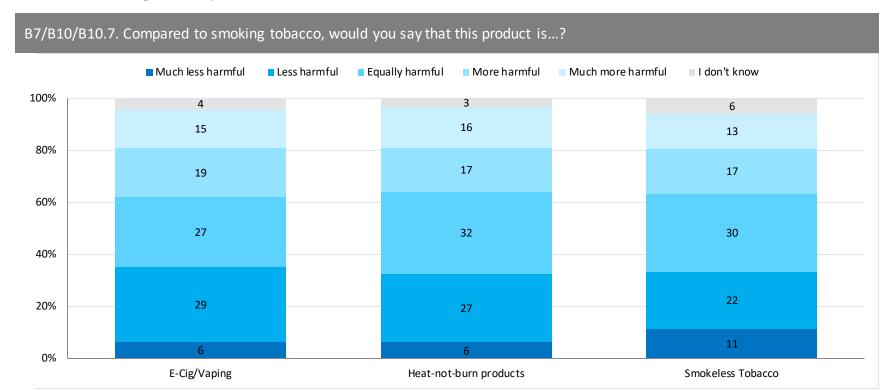
igures are in %

ase: Random + Booster Sample, Current Users Smoke only Bidis Those who are aware of the respective products:

⁻ Cig Men: n=431; Women: n=43; Heat-not-burn products Men: n=452; Women: n=43; Smokeless tobacco Men: n=1189; Women: n=89

Use Smokeless Tobacco Products

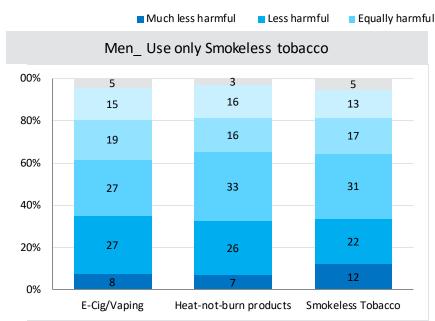
This group is divided in their opinions on this topic; 33% of Solus users of Smokeless Tobacco Products who are aware of Heat-not-burn products consider those as less harmful than smoking tobacco products and 32% of them consider those as equally harmful than smoking tobacco products.

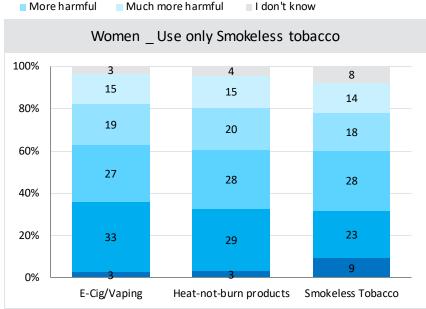


Use only Smokeless Tobacco

Both men and women solus users of Smokeless Tobacco Products are divided in their opinions; around 1 in 3 of them think that Heat-not-burn is less harmful than smoking tobacco products; and 1 in 3 of them consider these as equally harmful as smoking Tobacco.

B7/B10/B10.7. Compared to smoking tobacco, would you say that this product is...?





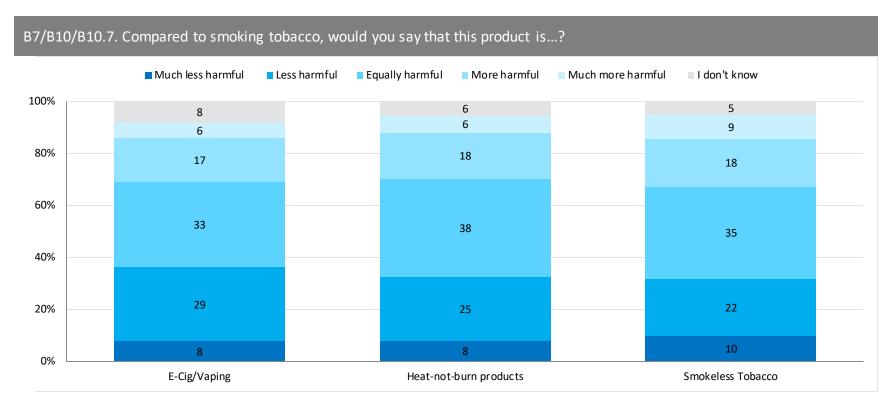
I don't know

Much more harmful

igures are in %

Dual/Poly Users

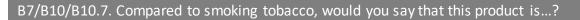
37% of Dual/Poly users who are aware of E-Cig consider these as less harmful than smoking tobacco and 33% of them consider E-Cig as equally harmful as smoking tobacco products.

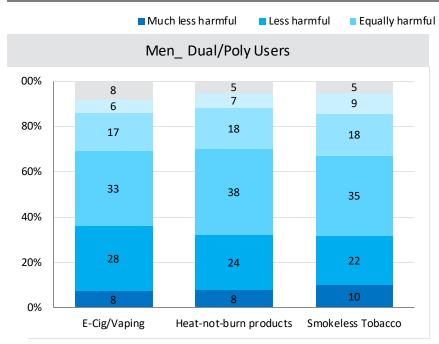


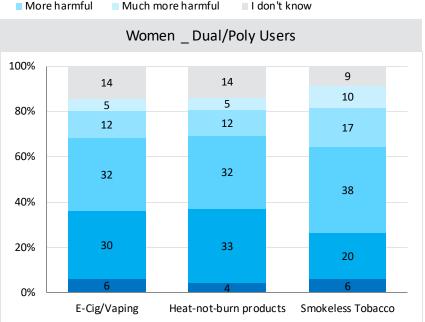
Booster Sample, Current Users _ Use only Smokeless Tobacco products _ Those who are aware of the respective products : Heat-not-burn products n: 2263; Smokeless tobaccon : 6854

Dual/Poly Users

37% of Women Dual/Poly users who are aware of Heat-not-burn products consider these as less harmful than smoking tobacco and 32% of them consider Heat-not-burn products as equally harmful as smoking tobacco products.







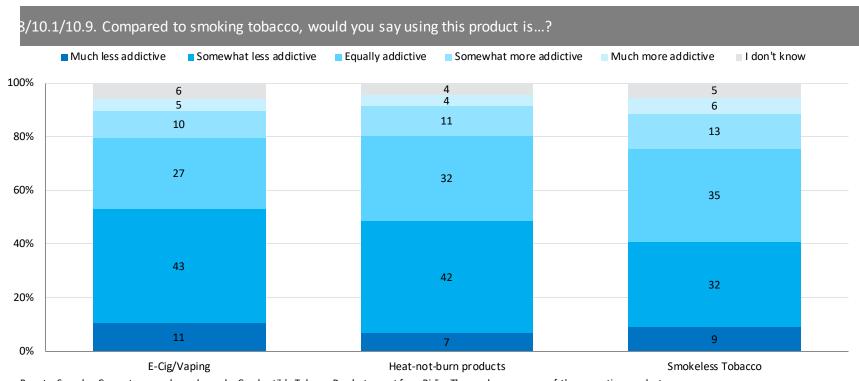
Much more harmful

I don't know

igures are in % ase: Random + Booster Sample, Those who are aware of the respective products: E - Cig Men: n=2514; Women: n=111; Heat-not-burn products Men: n=2169; Women: n=94; mokeless tobacco Men: n=6508: Women: n=344

Smoke only Combustible Tobacco Products apart from Bidis

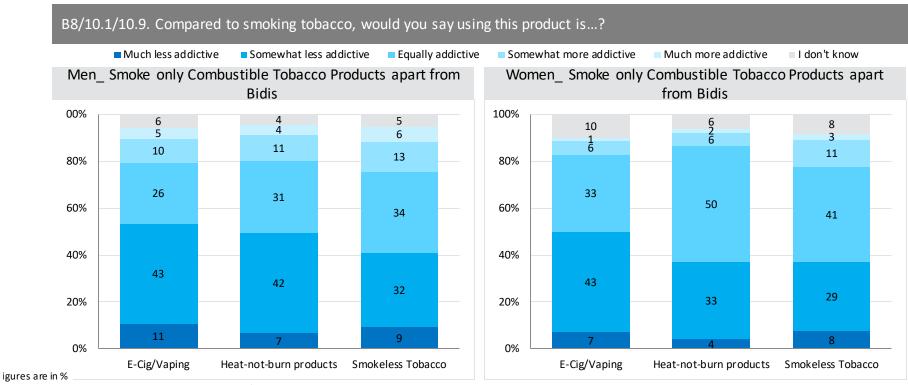
49% of Solus smokers of Combustible Tobacco Products (apart from Bidis) who are aware of Heat-not-burn products consider those as less addictive than smoking tobacco products and 32% of them consider those as equally addictive as smoking tobacco products.



Booster Sample, Current users who only smoke Combustible Tobacco Products a part from Bidis_Those who are aware of the respective products: Heat-not-burn products n:5941; Smokeless tobacco n: 8905

Smoke only Combustible Tobacco Products apart from Bidis

50% of Women solus smokers of Combustible Tobacco Products (apart from Bidis) who are aware of E-Cig consider those as less addictive than smoking tobacco products and 33% of them consider it as equally addictive as smoking tobacco products.

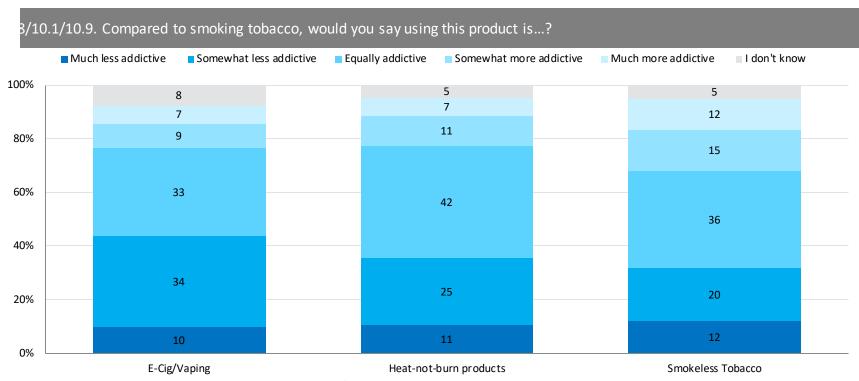


ase: Random + Booster Sample, Those who are a ware of the respective products: E - Cig Men: n=6453; Women: n=449; Heat-not-burn products Men: n=5561 Women:

=380; Smokeless tobacco Men: n=8434; Women: n=471

Smoke only Bidis

44% of Solus smokers of Bidis who are aware of E-Cig consider those as less addictive than smoking tobacco products and 33% of them consider those as equally addictive as smoking tobacco products.

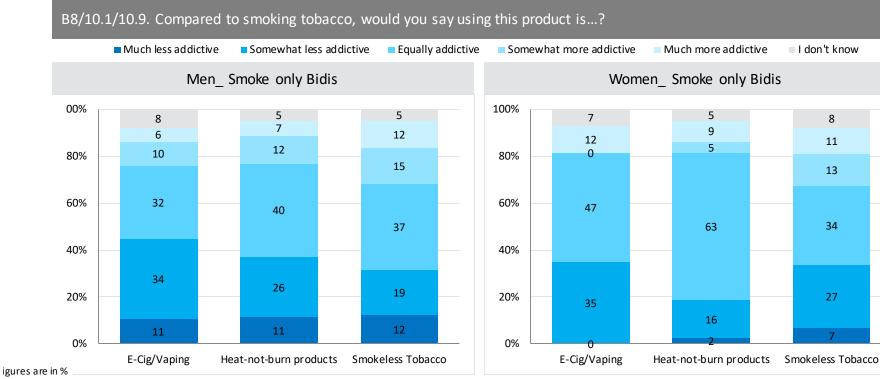


 $Booster Sample, Current\ Users_Smoke\ only\ Bid is\ Those\ who\ are\ aware\ of\ the\ respective\ products:$

Heat-not-burn products n: 495; Smokeless tobaccon: 1278

Smoke only Bidis

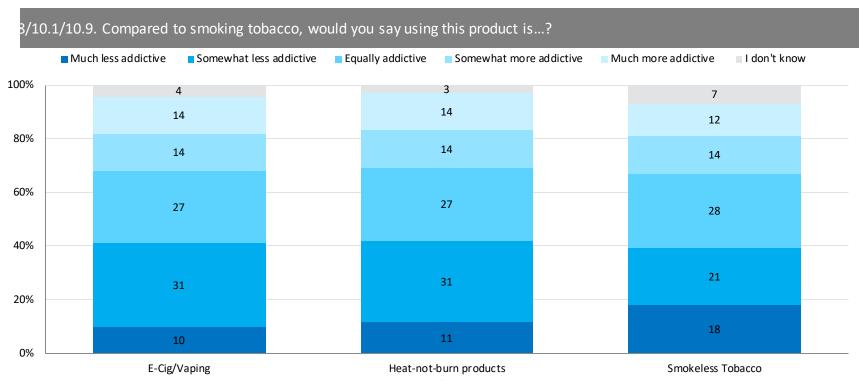
37% of men Solus smokers of Bidis who are aware of smokeless products consider those as equally addictive as smoking tobacco products.



ase: Random + Booster Sample, Current Users _ Smoke only Bidis Those who are aware of the respective products: E – Cig 1en: n=431; Women: n=43; Heat-not-burn products Men: n=452; Women: n=43; Smokeless to bacco Men: n=1189; Women: n=89

Use only Smokeless Tobacco

42% of Solus users of Smokeless Tobacco Products who are aware of Heat-not-burn products consider those as less addictive than smoking tobacco products and 27% of them consider those as equally addictive as smoking tobacco products.

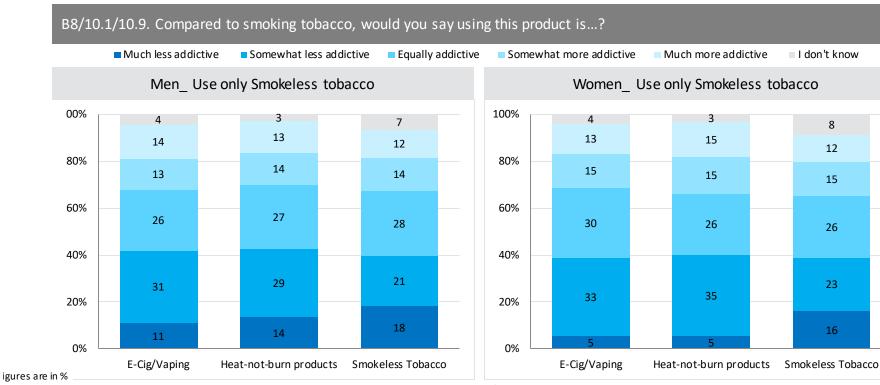


Booster Sample, Current Users _ Use only Smokeless Tobacco products_Those who are aware of the respective products:

Heat-not-burn products n: 2137; Smokeless tobaccon: 10966

Use only Smokeless Tobacco

42% of Men Solus users of Smokeless Tobacco Products who are aware of E-Cig consider those as less addictive than smoking tobacco products and 26% of them consider those as equally addictive as smoking tobacco products.



ase: Random + Booster Sample, Current Users _ Use only Smokeless Tobacco products _ Those who are aware of the respective products: - Cig Men: n=1553; Women: n=515; Heat-not-burn products Men: n=1594; Women: n=543; Smokeless tobacco Men: n=8165; Women: n=2801 8

12

15

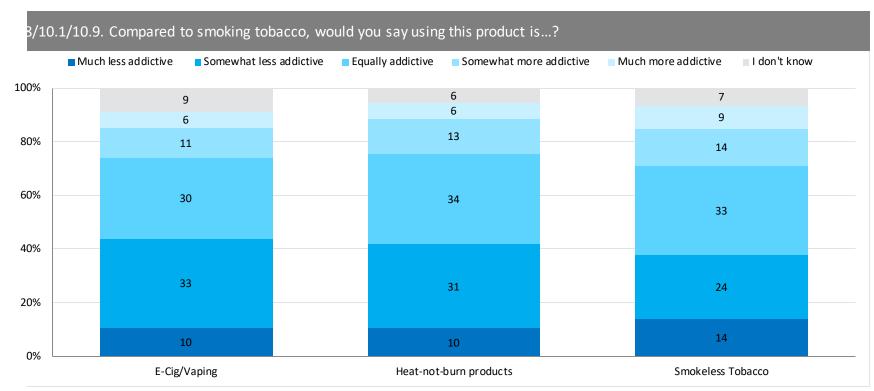
26

23

16

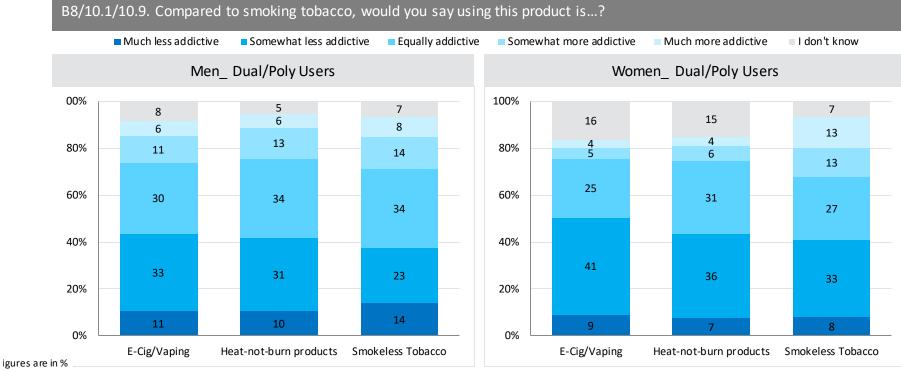
Dual/Poly Users

41% of Dual/Poly users who are aware of Heat-not-burn products consider those as less addictive than smoking tobacco products and 34% of them consider those as equally addictive as smoking tobacco products.



Dual/Poly Users

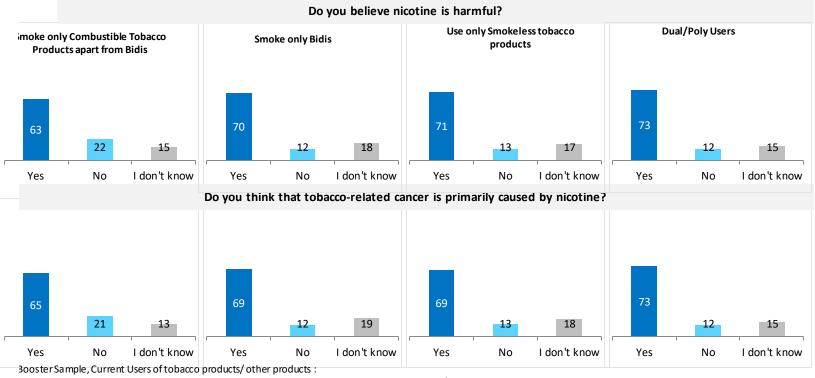
44% of Men Dual/Poly users who are aware of E-Cig consider those as less addictive than smoking tobacco products and 30% of them consider those as equally addictive as smoking tobacco products.



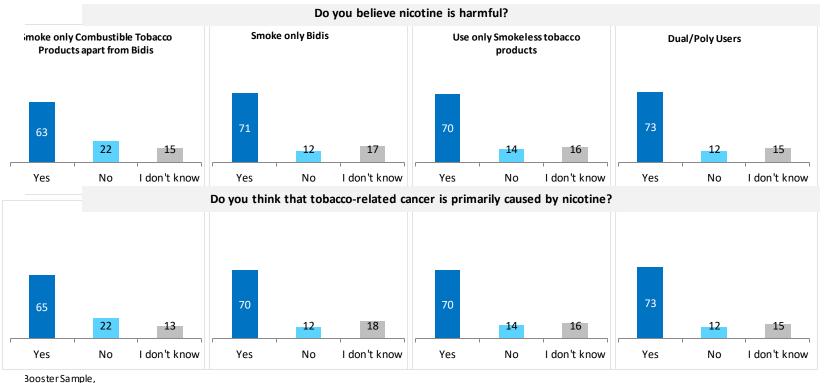
 $ase: Random + Booster Sample, Those \ who \ are \ aware \ of \ the \ respective \ products: E-Cig \ Men: \ n=2514; \ Women: \ n=211; \ Heat-not-burn \ products \ Men: \ n=2169; \ Women: \ n=2169; \ Women: \ n=21069; \ Women:$

^{=94;} Smokeless tobacco Men: n=6508; Women: n=344

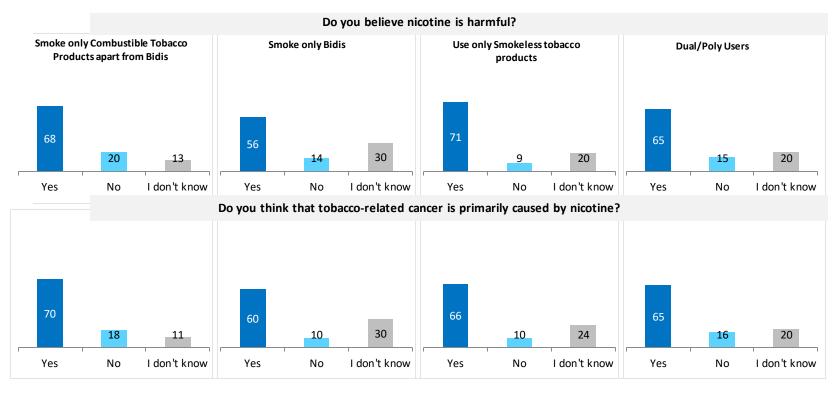
marily caused by nicotine.

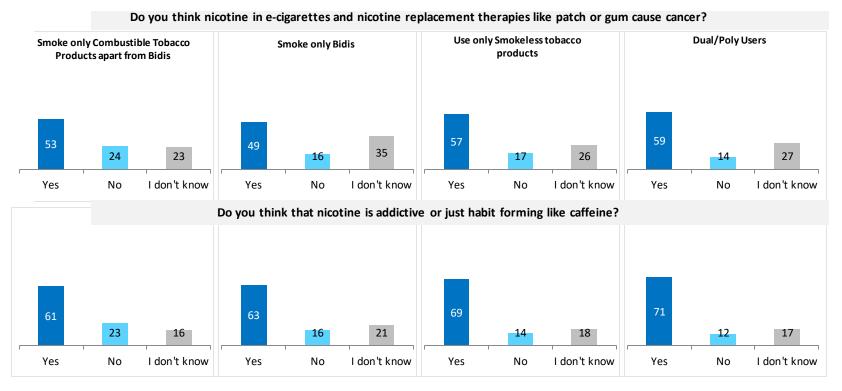


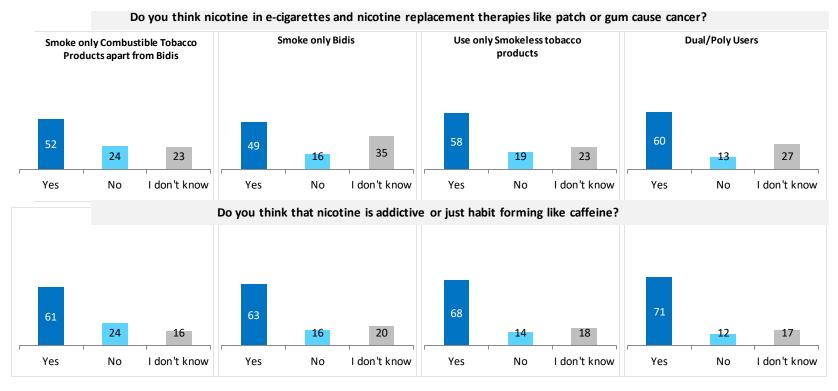
er is primarily caused by nicotine.

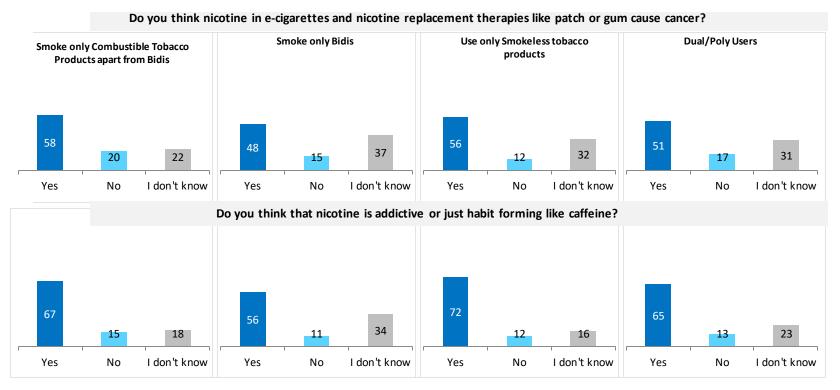


er is primarily caused by nicotine.



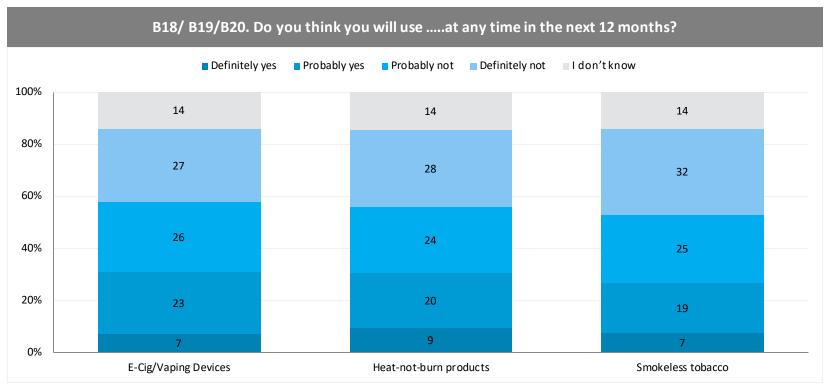






Smoke only Combustible Tobacco Products apart from Bidis

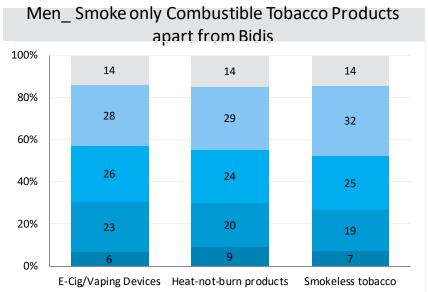
Among the solus smokers of Combustible Tobacco Products apart from Bidis; 29% of them are willing to use Heat-not-burn products in the next 12 months.

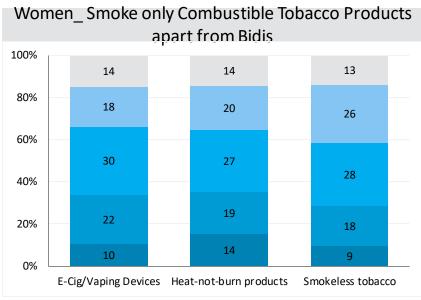


Smoke only Combustible Tobacco Products apart from Bidis

Among the Women solus smokers of Combustible Tobacco Products apart from Bidis; 33% of them are willing to use Heat-not-burn products in the next 12 months.

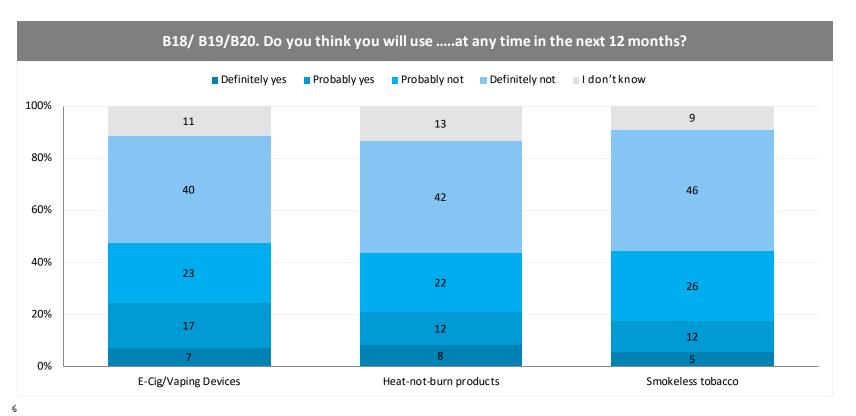






Smoke only Bidis

Among the solus smokers of Bidis, 20% of them are willing to use Heat-not-burn products in the next 12 months.

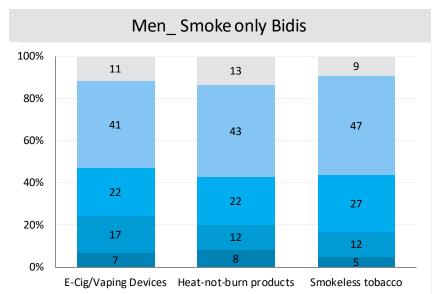


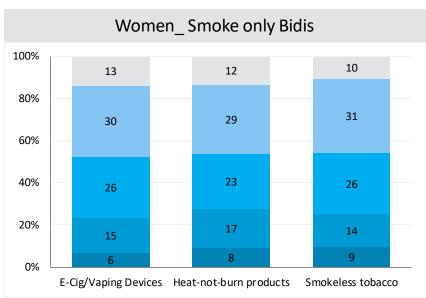
ı+Booster Sample, Current Users _ Smoke only Bidis Tobacco users/ other product users who are non users of non users of Heat-not-burn products n: 2589, non users of smokeless tobacco n:2589

Smoke only Bidis

Among the men solus smokers of Bidis; 24% of them are willing to use E-Cig in the next 12 months







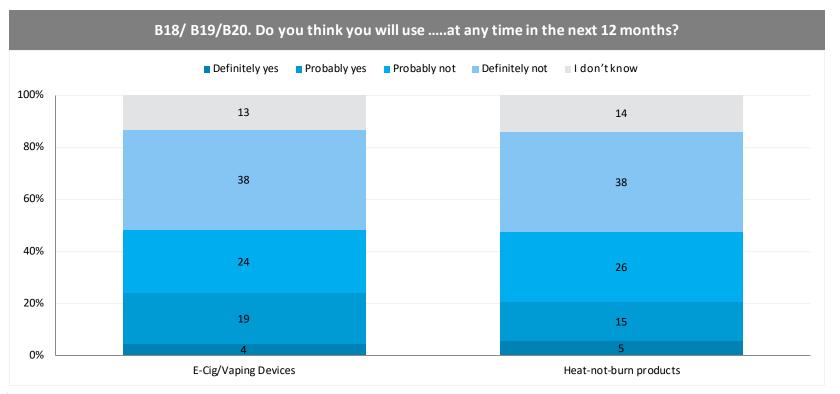
lase: Random + Booster Sample, Current Users _ Smoke only Bidis Tobacco users/ other product users who are non users of

igures are in %

^{:-} Cig Men: n=2392; Women: n=197, non users of Heat-not-burn products Men: n=2392; Women: n=197, non users of smokeless tobacco Men: n=2392; Women: n=197

Use only Smokeless Tobacco Products

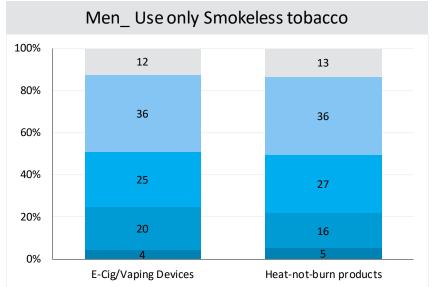
Among the solus users of Smokeless Tobacco Products, 20% of them are willing to use Heat-not-burn products in the next 12 months.

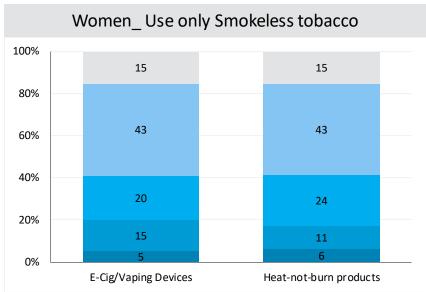


in %
lom + Booster Sample, Current Users _ Use only Smokeless Tobacco products _ Tobacco users/ other product users who are non users of 966, non users of Heat-not-bum products n: 10966, non users of smokeless tobacco n:0

Among the Men solus users of Smokeless Tobacco Products, 24% of them are willing to use E-Cig in the next 12 months.





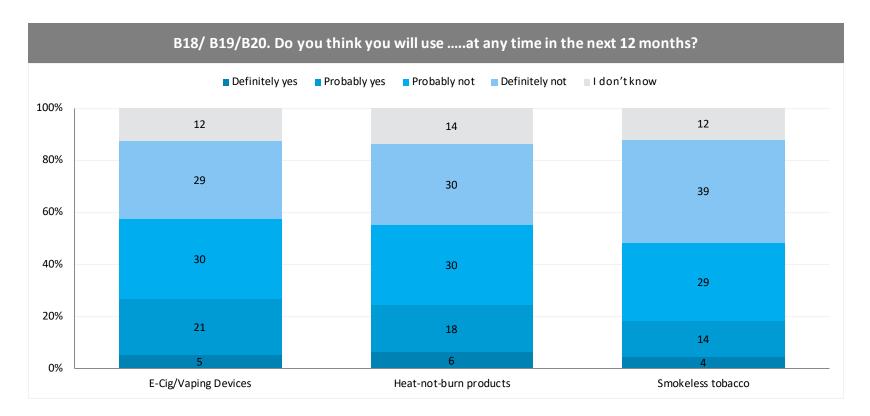


igures are in %

Base: Random + Booster Sample, Current Users _ Use only Smokeless Tobacco products _ Tobacco users/ other product users who are non users of :- Cig Men: n=8165 Women: n=2801, non users of smokeless tobacco Men: n=0, Women n=0

Dual/Poly Users

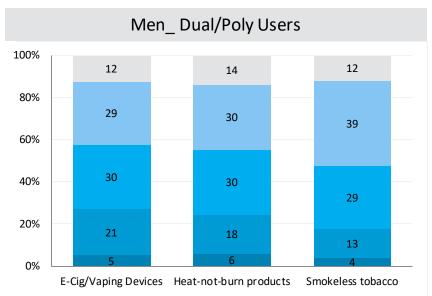
Among the Dual/Poly users, 24% of them are willing to use Heat-not-burn products in the next 12 months.

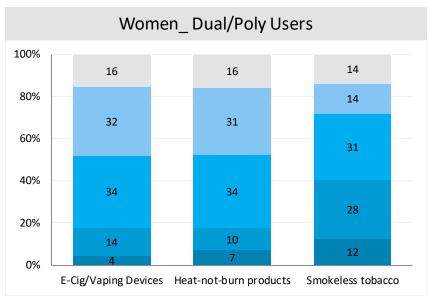


Dual/Poly Users

Among the Men Dual/Poly users, 26% of them are willing to use E-Cig in the next 12 months.







4.3 Quitting and Quitters

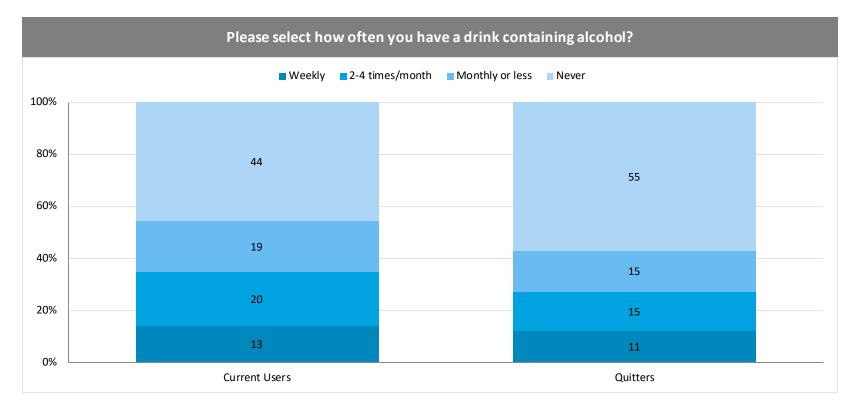
Profile Comparison

Relatively more current users are men belonging to the age group of 18 - 35 years. Whereas, quitters are more among women and in the age group of 51 - 69 years.

D1/S3.2/D4b Profile of current users and quitters		
	Current users of Tobacco Products	Quitters (who quit tobacco in last 5 years)
Base	35526	6147
Men	88	71
Women	12	29
18-24 yrs	22	13
25-35yrs	37	27
36-50yrs	27	29
51- 69 yrs	13	32
Metro + Town Class 1	45	47
Town Class 2 + Town Class 3	31	30
Rural	24	23

Comparison between Among Current Users of Tobacco Products & Quitters

Alcohol consumption frequency (weekly) is similar among both current users of Tobacco products and quitters.



Note: Among Quitters: Data is for past consumption prior to quitting

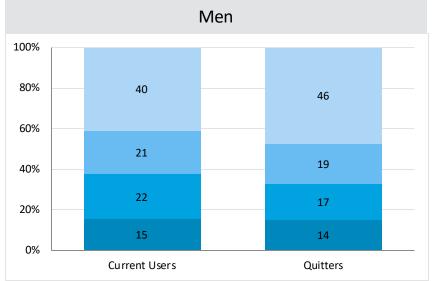
e in %

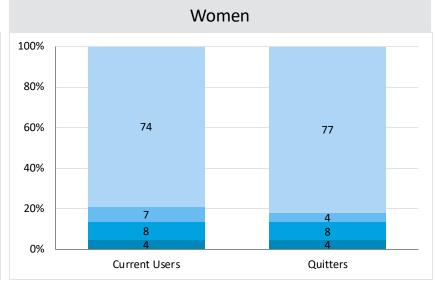
ndom + Booster Sample, Current Users of tobacco products: n=35526, Quitters n=6147

Comparison between Among Current Users of Tobacco Products & Quitters

Among both men and women, alcohol consumption frequency (weekly) is similar among both current users of tobacco products and quitters. However, both among current users and quitters; alcohol consumption frequency is higher among Men.







Note: Among Quitters: Data is for past consumption prior to quitting

Figures are in %

Base: Random + Booster Sample, Current Users of tobacco products Men: n=31150 Women: n=4374, Quitters Men: n=4363 Women: n=1784

Usage Comparison

Similar level of products usage among current users and quitters; indicating quitting is happening across products.

C1. Of the following products, which products are you currently consuming/were consuming?			
	Current users of Tobacco Products	Quitters (who quit tobacco in last 5 years)	
Base	35526	6147	
Cigarettes	54	48	
Gutka	34	32	
Bidis	18	14	
Loose Leaf Chewing Tobacco	8	8	
Tubed Cigarettes	1	0	

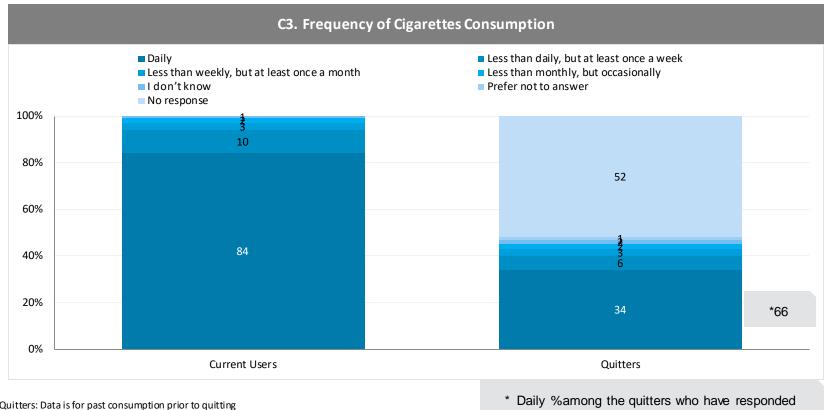
Note: Among Quitters: Data is for past consumption prior to quitting

Figures are in %

Base: Random + Booster Sample, Current Users of tobacco products: 35526, Quitters n=6147

Frequency of Usage Comparison

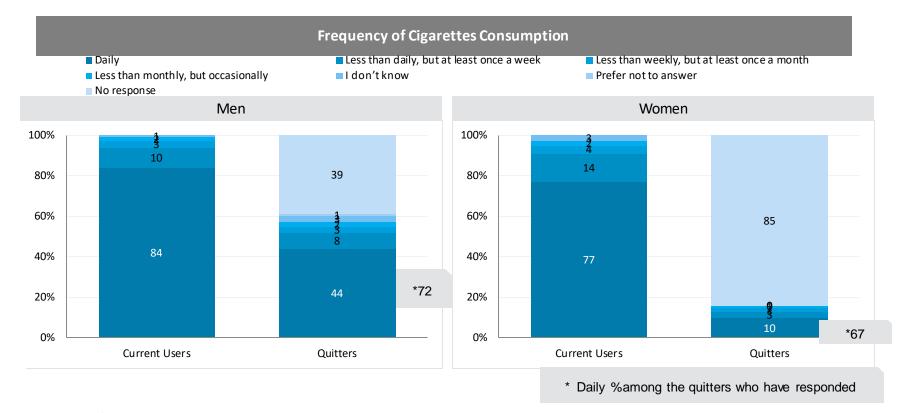
Among current users of Tobacco Products, daily usage of Cigarettes is higher compared to quitters.



Note: Among Quitters: Data is for past consumption prior to quitting

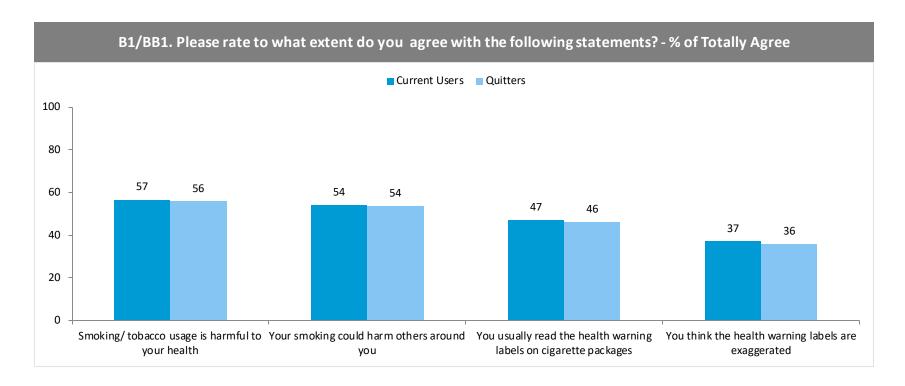
Frequency of Usage Comparison

Among both men and women, daily usage of Cigarettes is higher among current users of Tobacco Products compared to quitters.



ote: Among Quitters: Data is for past consumption prior to quitting gures are in %

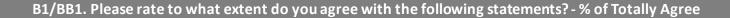
Risk perception is similar for both current users and quitters.

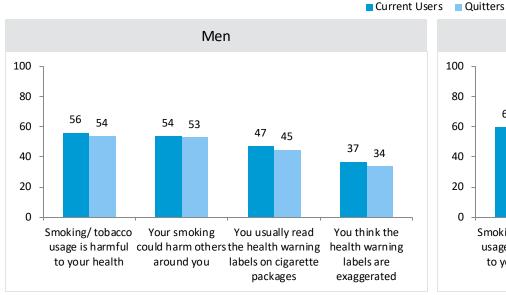


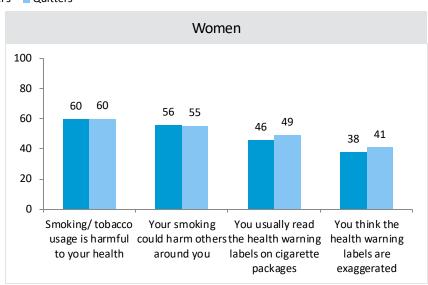
Figures are in %

 $Base: Random + Booster Sample, Current\ Users\ of\ to\ bacco\ products/\ other\ products\ :\ n=35526\ Quitters:\ n=6147$

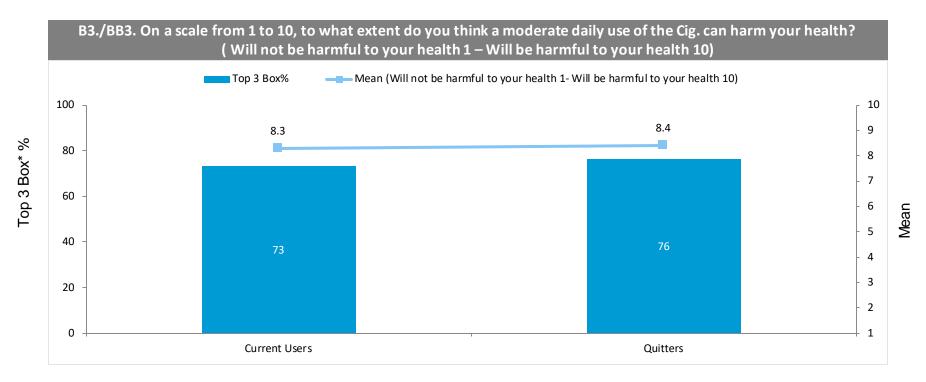
Among both men and women, risk perception is similar for both current users and quitters.







No difference observed in risk perception between current users of Tobacco products and quitters.



^{*}Top 3 Box %: Those who coded 8, 9 or 10 on a 10 points scale (Will not be harmful to your health 1 - Will be harmful to your health 10)

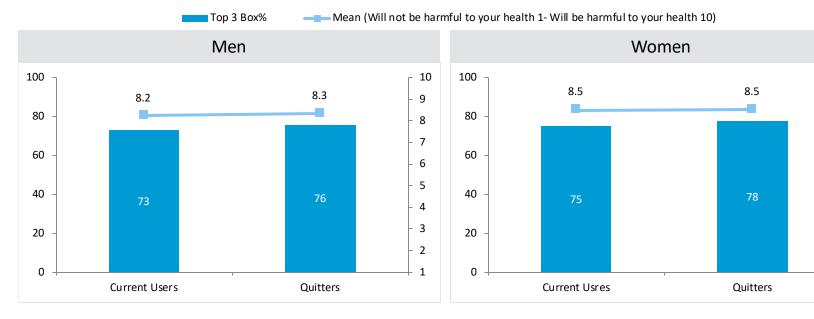
Figures are in %

Base: Random + Booster Sample, Current Users of tobacco products/other products: n=35526 Quitters: n=6147

Among both men and women, no major difference observed in risk perception between current users of tobacco products and quitters.

B3./BB3. On a scale from 1 to 10, to what extent do you think a moderate daily use of the Cig. can harm your health?

(Will not be harmful to your health 1 – Will be harmful to your health 10)



Top 3 Box: Those who coded 8, 9 or 10 (will be harmful to your health)

Figures are in %

Base: Random + Booster Sample, Current Users of tobacco products/ other products Men: n=31150 Women: n=4374, Quitters Men: n=4363 Women: n=1784

9

7

6

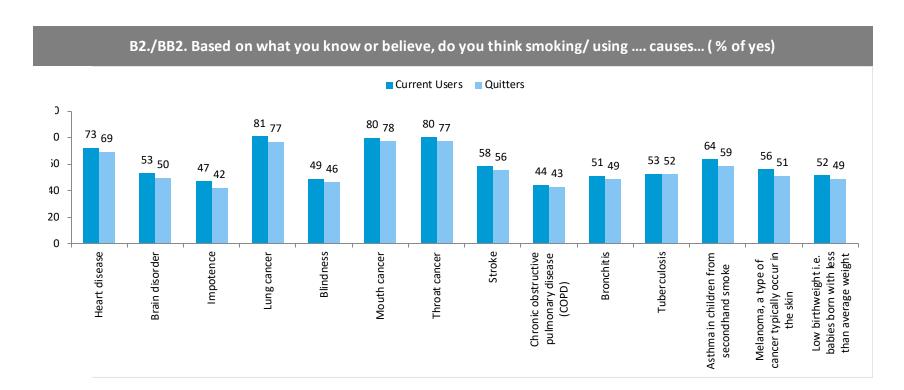
5

4

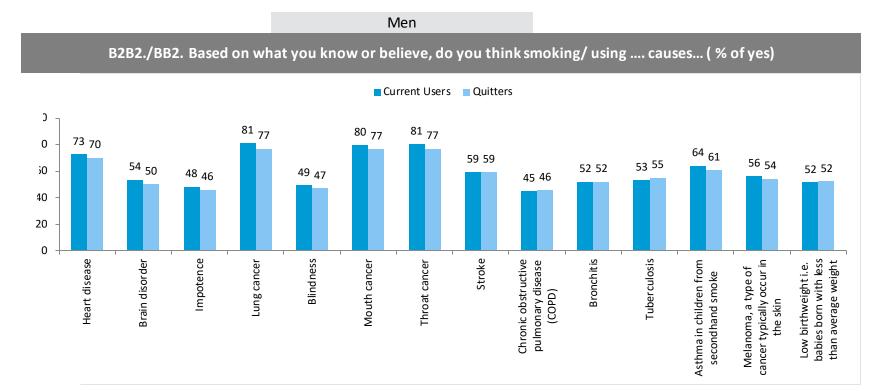
3

2

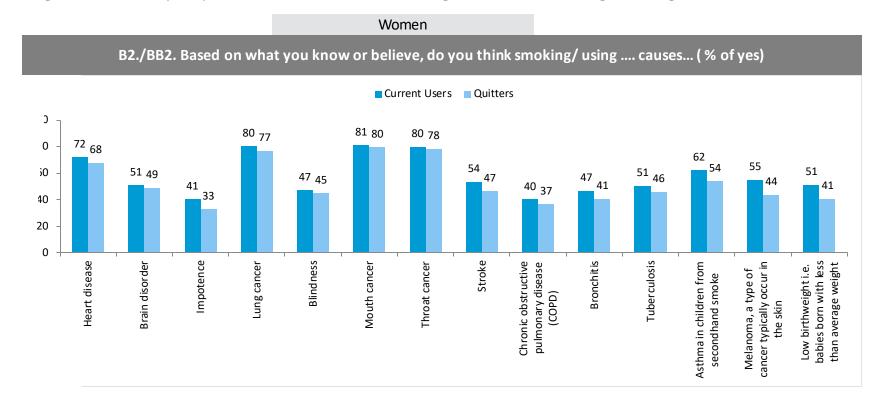
A similar level of risk perception noticed between current users and quitters.



Among men, a similar level of risk perception noticed between current users and quitters.



Among women, the risk perception of Melanoma and Low birthweight was noticed to be higher among current users.



Quit – Past attempt and current plan among Current users of Tobacco Products

One-half (50%) claimed that they have attempted to quit tobacco/other products. 40% of the Current users of Tobacco products claimed that they are planning to quit.

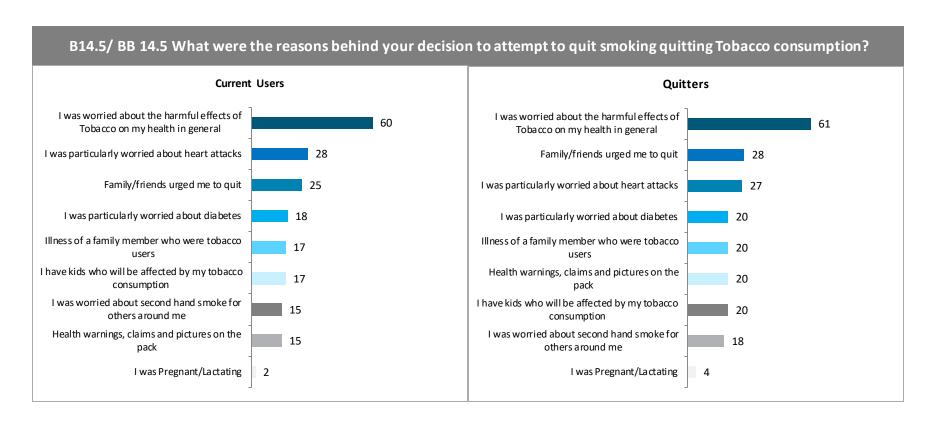
B14. Have the current users attempted to quit or not? B16. Are they planning to quit or not?							:
	All Current Users	Men	Women	18-24yrs	25-35yrs	36-50 yrs	51-69 yr:
		%	%	%	%	%	%
n	35526	31150	4374	7701	13300	9709	4816
B14.In the past, have you ever made a serious attempt to quit smoking/quit using to bacco products? That is, have you stopped smoking for at least one day or longer be cause you were trying to quit?							
Yes	50	50	51	50	50	49	49
No	50	50	49	50	50	51	51
B16.Are you planning to quit smoking/ using to bacco products?							
Yes	44	43	50	43	44	44	43
No	44	44	40	42	42	45	47
I don't know	9	10	7	11	10	8	7
I prefer not to answer	3	3	3	4	4	3	2

Figures are in %

Base: Random + Booster Sample, Current users

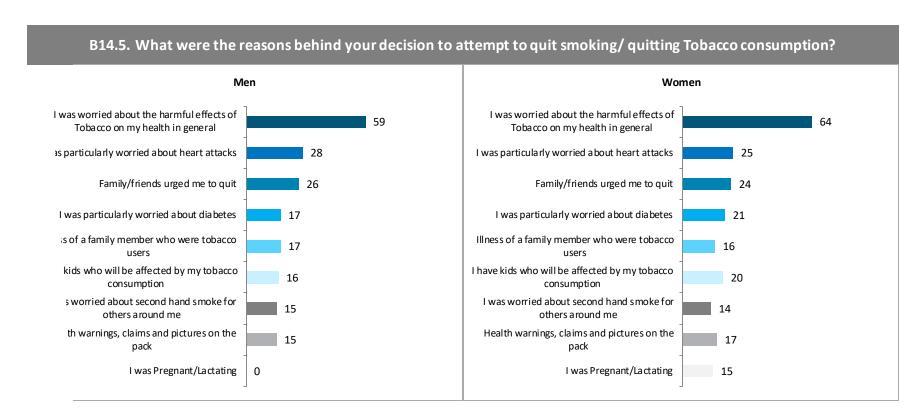
Reasons For Quitting

Worry about the harmful effects of tobacco on health is the main reason for quitting/ attempt to quit.



Reasons For Quitting - Among Current Users of Tobacco Products

Among both men and women, worry about the harmful effects of tobacco on health is the main reason for attempting to quit.

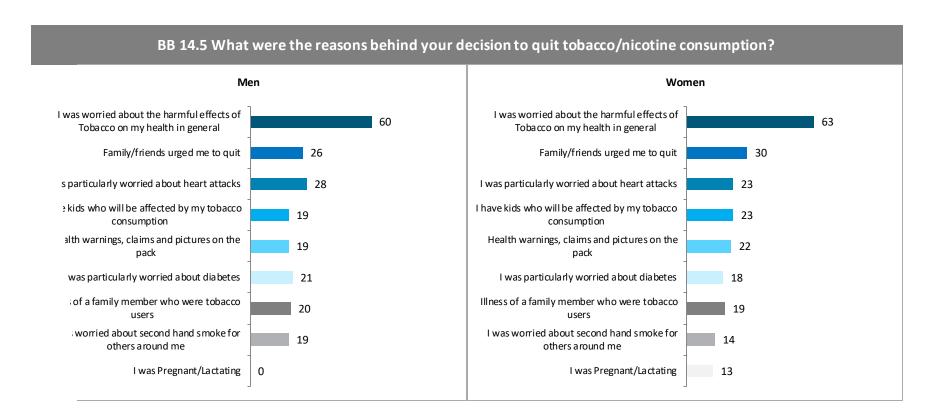


Figures are in %

Base: Random + Booster Sample, Current Users who attempted to quit Men: n = 15469 Women: n=2227

Reasons For Quitting - Among Quitters

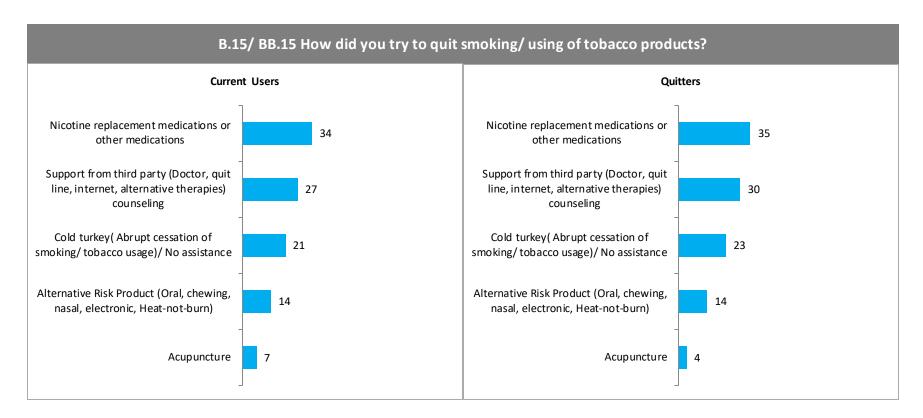
Among both men and women, worry about the harmful effects of tobacco on health is one of the main reasons for quitting.



Figures are in %
Base: Random + Booster Sample, Current Users who attempted to Quitters Men: n = 4363 Women: n=1784

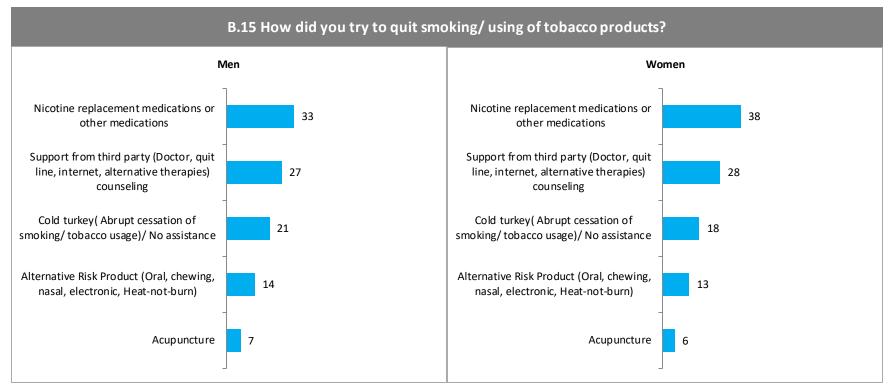
Ways Adapted For Quitting

Nicotine replacement medications followed by support from third-party are the major means of quitting.



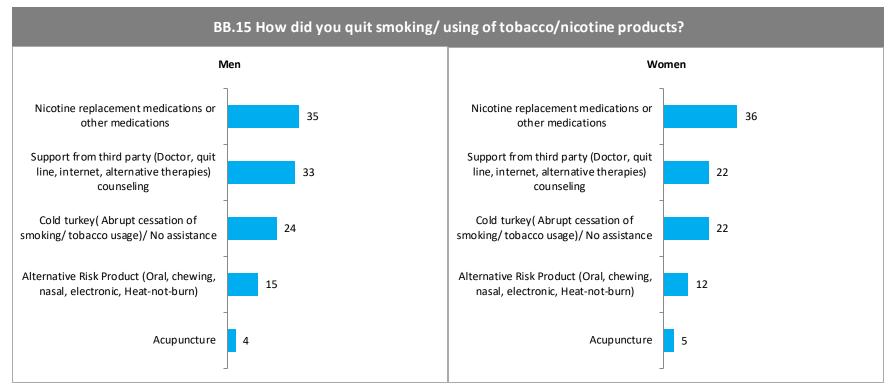
Ways Adapted For Quitting - Among Current Users of Tobacco Products

Among both men and women, nicotine replacement medications followed by support from third-party are the major means of quitting.



Ways Adapted For Quitting - Among Quitters

Among both men and women, nicotine replacement medications followed by support from third-party are the major means of quitting for quitters.

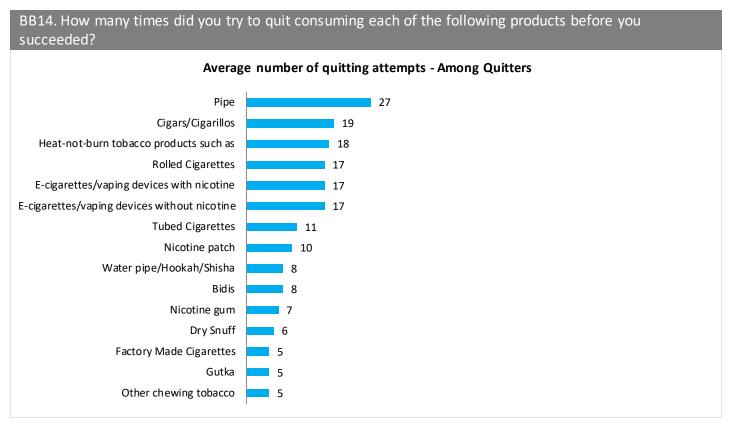


Figures are in %

Base: Random + Booster Sample,, Current Users who attempted to Quitters Men: n = 4363 Women: n=1784

Quitting Attempts by products: Among Quitters

Across products, multiple numbers of quitting attempts were noticed.

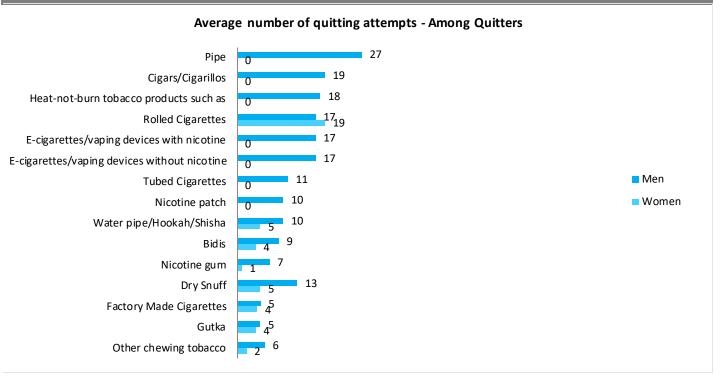


s: n=6147

Quitting Attempts by products: Among Quitters

Across products, average attempts at quitting are more among men.

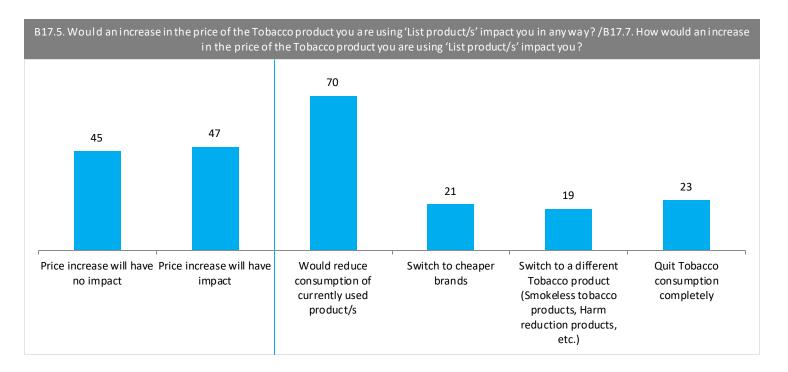




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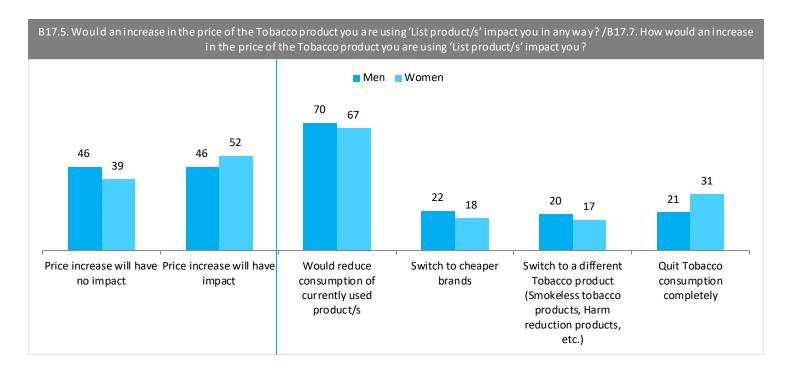
Impact of price increase of the tobacco products/other products

47% of the consumer claimed that there will be an impact of the price increase; to cope with the price increase, the majority of them (70%) were planning to reduce consumption.



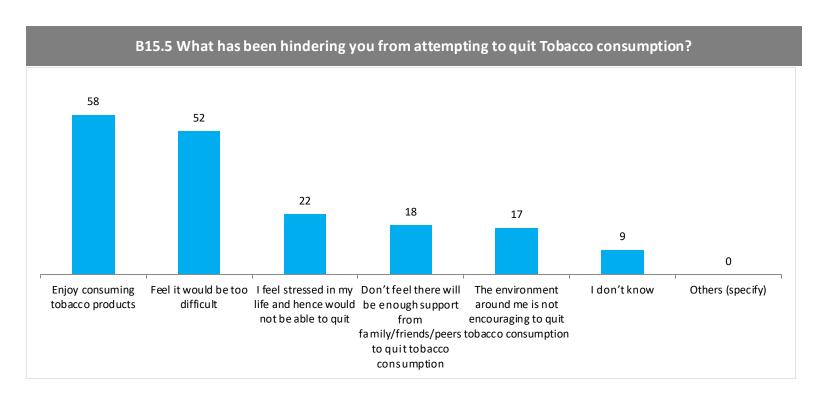
Impact of price increase of the tobacco products/other products

Among both men and women, one-half of the consumers claimed that there will be an impact of the price increase; to cope with the price increase, the majority of them were planning to reduce consumption.



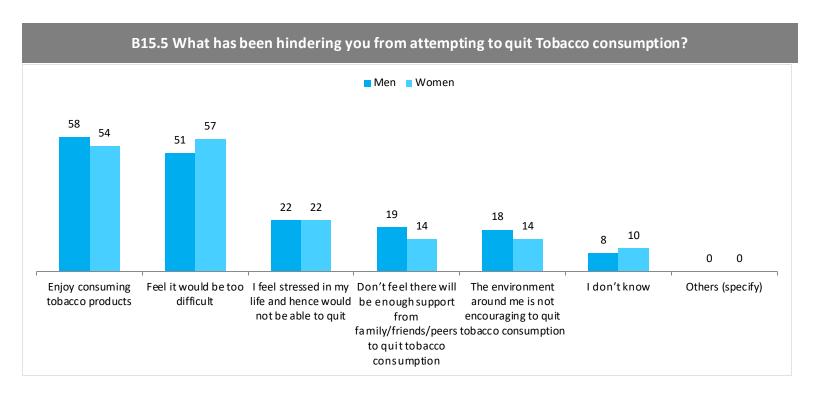
Hindrance in Quitting Tobacco Consumption

Apart from enjoying consuming tobacco products (58%), difficulty to quit (52%) surfaced as one of the main hindrances to quit.



Hindrance in Quitting Tobacco Consumption

Among both men and women, apart from enjoying consuming tobacco products, difficulty to quit surfaced as one of the main hindrances to quit.



5. Appendix

Profile of Current Users and Quitters					
	Current users of Tobacco Products		Quitters (who quit tobacco in last 5 years		
	Men	Women	Men	Women	
Education	31150	4374	4363	1784	
Less than high school	38	59	36	54	
Completed some high school	22	15	21	15	
High school graduate	17	11	20	13	
Job-specific training program(s) after high school	2	1	2	2	
Some college, but no degree	5	2	6	3	
Associate degree	2	2	1	4	
Bachelor's degree (such as B.A., B.S.)	10	4	10	5	
Some graduate school, but no degree	1	1	1	0	
Graduate degree (such as MBA, MS, M.D., Ph.D.)	2	1	2	1	

Profile of Current Users and Quitters					
	Current users of Tobacco Products		Quitters (who quit tobacco in last 5 yea		
	Men	Women	Men	Women	
Civil Status	31150	4374	4363	1784	
Single	30	11	23	4	
Unmarried, In a steady relationship and not living together	1	0	1	0	
Unmarried, In a steady relationship and living together	2	0	1	0	
Engaged	0	0	1	0	
Married	65	80	73	87	
Separated	0	0	0	0	
Divorced	0	0	0	0	
Widowed	0	6	1	7	
Having Kids					
Have children at home below 14 living in the household	60	62	65	66	
Don't have any children at home / No children below 14 living in the household	34	35	30	31	

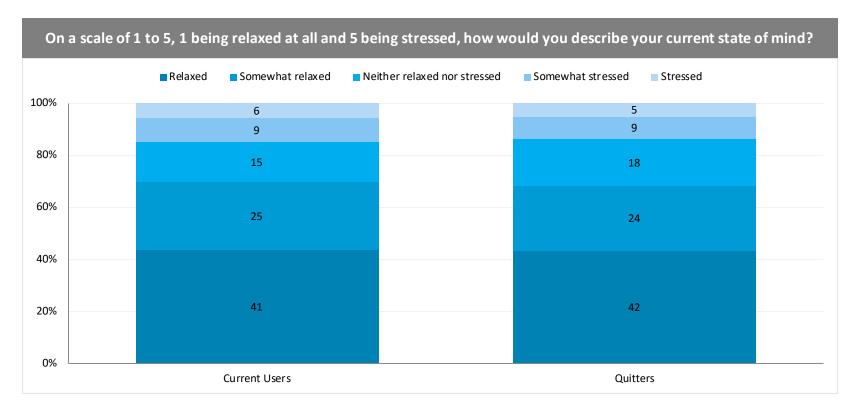
Figures are in %

Profile of Current Users and Quitters					
	Current users of Tobacco Products		Quitters (who quit tobacco in last 5 yea		
	Men	Men Women		Women	
Occupation	31150	4374	4363	1784	
Workingnow	84	39	77	39	
Only temporarily laid off, sick leave, or maternity leave	1	1	1	1	
Looking for work, unemployed	1	1	2	1	
Retired	1	3	5	2	
Disabled, permanently, or temporarily	0	1	2	2	
Keeping house	3	45	4	49	
Student	5	4	5	1	
Others	3	4	3	4	

Profile of Current Users and Quitters						
		Current users of Tobacco Products		Quitters (who quit tobacco in last 5 years)		
	Men	Women	Men	Women		
Annual Income	31150	4374	4363	1784		
INR 5000 - INR 9999 per month	23	33	17	25		
INR 10000 - INR 11999 per month	22	20	18	20		
INR 12000 - INR 14999 per month	18	16	20	18		
INR 15000 - INR 19999 per month	14	12	20	15		
INR 20000 - INR 24999 per month	8	6	11	8		
INR 25000 - INR 29999 per month	4	4	5	5		
INR 30000 - INR 39999 per month	2	2	3	3		
INR 40000 - INR 49999 per month	1	1	1	1		
NR 50000 or more per month	2	1	1	1		
Refused	5	4	3	2		
Don't know	1	3	1	2		
During the last two	elve months, would you say	you had trouble paying	your bills?			
No	64	64	65	56		
Yes	26	24	22	30		

Comparison between Current Users of Tobacco Products & Quitters

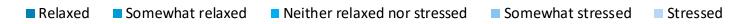
Approximately 65% of both current users & quitters feel relaxed/ somewhat relaxed.

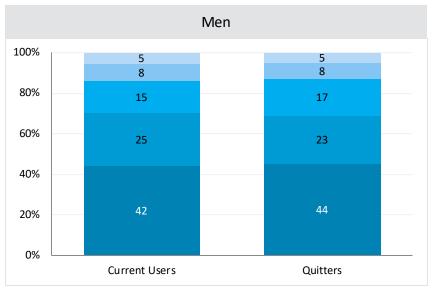


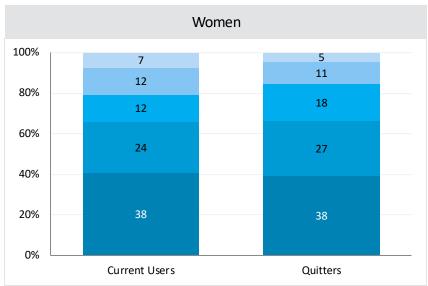
Comparison between Current Users of Tobacco Products & Quitters

Among both men and women, approximately 65% of both current users & quitters feel relaxed/ somewhat relaxed.

On a scale of 1 to 5, 1 being relaxed at all and 5 being stressed, how would you describe your current state of mind?







FOUNDATION FOR A SMOKE-FREE WORLD